Winter 2020
Workshop Schedule

Artwork by B. H. from Far West Center’s Art Helps and Heals Art Therapy Program.

IMPROVING LIVES THROUGH WELLNESS, RECOVERY AND INDEPENDENCE

TRAINING INSTITUTE

Winter 2020
Workshop Schedule
IMPORTANT INFORMATION

The Alcohol, Drug Addiction & Mental Health Services (ADAMHS) Board of Cuyahoga County’s Training Institute is an approved provider through the Ohio Chemical Dependency Professionals Board and the Ohio Counselor, Social Worker, Marriage and Family Therapist Board offering Recognized Clock Hours (RCH) to Chemical Dependency Professionals as well as Continuing Professional Education hours (CPE) to Counselors and Social Workers.

Fees for the ADAMHS Board Training Institute workshops are $25 per half-day (2-4 hour) session and $45 for a full-day (5+ hour) session. Occasionally, workshops will be offered free on an as-needed basis per topic. Workshop fees are non-refundable.

The ADAMHS Board is using Eventbrite to process ALL registrations. Payment must be made by credit card. Invitations may be sent to organizations. All workshop participants must be registered and confirmed in advance through Eventbrite. An order confirmation and entrance ticket to the workshop will be emailed through Eventbrite immediately after the registration process is complete. Walk-ups and cash payments will not be accepted.

To register for a workshop, click the link or copy and paste the link into a web browser that is listed at the end of each workshop description. Please note that each session has its own unique link for registering. If you want to attend more than one session, you must register for each session individually through its unique link. If you are requesting CEUs and/or RCHs, you must provide your license number to complete your registration. Your license number is necessary for the Board to provide information to CE BROKER. To find out more about CE BROKER visit www.cebroker.com.

Please arrive on time for all scheduled workshops. If you arrive late to a workshop you will not receive a certificate. Partial credit will not be given. In order to receive a certificate of completion, you must complete your registration. Your license number is necessary for the Board to provide information to CE BROKER. Participants must be Professional Counselors, Professional Clinical Counselors, Licensed Social Worker, or Licensed Professional Nurse.

The Ohio Chemical Dependency Professionals Board and the Social Work, Marriage and Family Therapist Board are now requiring providers to list courses through CE BROKER. To review the RCH education classifications for the workshops in the brochure, please log on to your CE BROKER account.

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2012 W. 25th Street, 6th Floor
Cleveland, Ohio 44113
ph. (216) 241-3400
fax (216) 861-5067
www.adamhsc.org

Psychiatric Medications for the Brain
Dr. Paul L. Martin
Friday, January 31, 2020
ADAMHS Board, Buckeye Room
9:00 A.M. to 4:00 P.M.

FEE: $45

Psychiatry has experienced a rapid metamorphosis in its treatment methods. There are new medications and new additional uses for older medications evolving at warp speed. In this training, we will examine the most commonly used psychiatric medications for children, adolescents and adults. We will discuss antidepressants, antipsychotics, stimulants, mood stabilizers, anxiolytics and, time permitting, sedatives/hypnotics.

To register for this session, please use Eventbrite. Click this link: https://winterbrain.eventbrite.com

Differential Diagnosing: Culture, Access & Assessment
LaToya Logan, LISW-S, ABD, CCTP
Tuesday, February 18, 2020
ADAMHS Board, Buckeye Room
1:00 P.M. to 4:00 P.M.

Intermediate and Advanced (Entry could also benefit)

FEE: $25

Effective diagnosis of mental health disorders requires clinicians to understand not only the diagnostic criteria, but the influence and implications of culture on symptom expression, symptom identification and efficacy. This training will build clinical skills to effectively engage with clients, assess symptoms and engage in differential diagnosing that is client-centered and responsive.

To register for this session, please use Eventbrite. Click this link: https://winterdiaagnosing.eventbrite.com

Parenting with a Mental Illness
Dr. Paul L. Martin
Friday, February 21, 2020
ADAMHS Board, Buckeye Room
9:00 A.M. to 4:00 P.M.

FEE: $45

20% of American adults have a mental illness. Five to eight percent experience a serious mental illness that disrupts families and adversely impacts children. We will discuss in depth adult mental illness and its impact on families and children. Additionally, we will discuss current treatment modalities and prognoses for recovery.

To register for this session, please use Eventbrite. Click this link: https://winterparenting.eventbrite.com
Presenter Information

Dr. Paul Martin has been trained as a forensic psychiatrist. He received his medical degree from Des Moines University, served his residency in psychiatry at Case Western Reserve University, and his postdoctoral fellowship in forensic psychiatry at Syracuse University. Dr. Martin then served as a psychiatrist in charge of a large crisis center in New York State and also served as director of a secure forensic unit at the state psychiatric facility at Binghamton, NY. Dr. Martin has served and continues to serve as a consultant to law enforcement, probation, parole departments, social service agencies, colleges, universities and schools regarding mental health issues. Dr. Martin is certified in mediation, arbitration and the resolution of conflict in the workplace.

LaToya Logan is a licensed independent social worker-supervisor (LISW-S) who serves as the Region Director of the National Association of Social Workers – Ohio Chapter (NASW-OH). She is former Co-Chair and active Commissioner for the Cleveland Community Police Commission (CPC). She is also a certified Anti-Oppressive Informed Practitioner, specializing in the use of services and training to deconstruct norms which disempower historically disenfranchised populations. LaToya earned a Bachelor’s degree from Michigan State University and a Master’s degree from Case Western Reserve University.

Lynn Williams, PhD is a license psychologist and registered yoga teacher working full-time with the Ohio Department of Youth Services delivering holistic interventions to incarcerated youth and their families at Cuyahoga Hills Juvenile Correctional Facility. She has joined with the Prison Yoga Project founded by James Fox to develop a program specific to the needs of juvenile offenders. The preliminary findings were published in the article, “The Value of Alternative Therapies in Mental Health Treatment for Incarcerated Youths” in Corrections Today.

Addressing and Resolving Ethical Dilemmas
LaToya Logan, LISW-S, ABD, CCTP
Tuesday, March 3, 2020
ADAMHS Board, Buckeye Room
1:00 P.M. to 4:00 P.M.
FEE: $25
The nature of human services creates ethical dilemmas, both intentional and unintentional, which requires consistent and adequate review of the ethical standards, risks, considerations and approaches to solving them. Social workers are often faced with complex decision-making unknown to other fields, which can create the feeling of isolation, or worse, fear to act. This training will review the ethical standards mandated by the Ohio Counselor, Social Worker, Marriage and Family Therapist Board and the National Association of Social Workers to ensure a competent understanding for effective application.

To register for this session, please use Eventbrite. Click this link: https://winterethics.eventbrite.com

Mindfulness-Based Wellness & Resiliency for Professionals Who Work with Trauma: Harnessing Your Body’s Adaptive Response to Stress through Self-Care
Lynn Williams, Ph.D.
Friday, March 27, 2020
ADAMHS Board, Buckeye Room
9:00 A.M. to 4:00 P.M.
FEE: $45
Stress is part of our body’s natural and automatic response to meeting life’s challenges. Professionals that work with trauma have additional occupational stressors such as indirect and direct traumatic exposure and heightened vigilance. Whether we meet these challenges with the depletion that comes from chronic stress or with resiliency can play a large role in our health and happiness every day. The more resilient we are, the quicker we can rebound from setbacks and adversity, whether they be everyday stressors or life-altering ones. With an estimated 70% or more of physician visits attributed to conditions that are related to stress, it is clear that our ability to cultivate resiliency and harness the body and mind’s adaptive response to stress can help to mitigate the negative consequences of chronic disease, as well as, to strengthen the body’s immune system for long-term health and well-being. This experiential workshop will highlight core elements of resiliency, such as physical and emotional fitness. We will learn the science behind mindfulness practices such as yoga and meditation and see how these clinically proven mind-body strategies can reduce work and personal stress and increase physical and emotion resilience and job satisfaction.

To register for this session, please use Eventbrite. Click this link: https://wintermindful.eventbrite.com
If you are unable to attend a training that you have purchased, please cancel at least 3 days prior to the training. You can use your payment towards another training within the same term of the cancelation. In the instance the ADAMHS Board cancels a training, you can use your payment towards another training.

To cancel a training, please contact Regina Spicer, LSW, LICDC-CS, Training Officer at 216-479-3293.

The ADAMHS Board has arranged for the presenters to provide the trainings and/or topics listed in this brochure. While ADAMHS Board staff have taken steps to ensure that the presenters are qualified to offer the topics, the ADAMHS Board of Cuyahoga County assumes no responsibility for workshop content, participant interpretation of the material presented nor the application of the information presented.

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