



Training Schedule

*Client Artwork entitled Blessed B by John D.
This artwork won 1st place at the annual client
art show held at the ADAMHS Board 2018
Annual Meeting.*



ADAMHS

BOARD OF CUYAHOGA COUNTY

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES

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TRAINING INSTITUTE

Fall/Winter 2018 Training Schedule

IMPROVING LIVES THROUGH WELLNESS, RECOVERY AND INDEPENDENCE

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Cleveland, Ohio 44113
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IMPORTANT INFORMATION!

The Alcohol, Drug Addiction & Mental Health Services (ADAMHS) Board of Cuyahoga County Training Institute is an approved provider through the Ohio Chemical Dependency Professionals Board and the Ohio Counselor, Social Worker, Marriage and Family Therapist Board offering Recognized Clock Hours (RCH) to Chemical Dependency Professionals as well as Continuing Professional Education hours (CPE) to Counselors and Social Workers.

Fees for the ADAMHS Board Training Institute workshops are \$25 per half-day (2-4 hour) session and \$45 for a full-day (5+ hour) session. Occasionally, workshops will be offered free on an as-needed basis per topic. Workshop fees are non-refundable.

The ADAMHS Board uses Eventbrite to process ALL registrations. Payment must be made by credit card. Invoices may be sent to organizations. All workshop participants must be registered and confirmed in advance through Eventbrite. An order confirmation and entrance ticket to the workshop will be e-mailed through Eventbrite immediately after the registration process is complete. Walk-ups and cash payments will not be accepted.

To register for a workshop, visit the Web site listed at the end of each workshop description. Please note that each session has its own unique Web address. If you want to attend more than one session, you must register for each session individually through its unique Web site. **If you are requesting CEUs and/or RCHs, you must provide your license number to complete your registration. Your license number is necessary for the Board to provide information to CEBROKER.** To find out more about CEBROKER visit www.cebroker.com.

Please arrive on time for all scheduled workshops. If you arrive late to a workshop you will not receive a certificate. Partial credit will not be given. In order to receive a certificate of completion, you must be present for the entire workshop.

General Information:

All workshops are held in the Training Institute, located in the ADAMHS Board offices on the 6th Floor of the United Bank Building, 2012 West 25th Street. Free parking is available on a first-come, first-served basis. All visitors must check-in at the Parking Attendant Booth located in the lot directly behind the building on the east side of West 26th Street. Visitors are to inform the attendant that they are visiting the ADAMHS Board and will be directed to available parking spaces or may receive complimentary valet parking. Please bring the ticket provided to you from the attendant to the ADAMHS Board receptionist for validation. Free and metered parking is also available on the street.

Participants must meet the minimum education level and credential requirements indicated:

| | |
|---------------------------|---|
| OPEN LEVEL | Open to anyone seeking the most basic understanding/awareness of the topic presented. |
| ENTRY LEVEL | Registrants must be Certified Chemical Dependency Assistants, Registered Applicants for Prevention, Social Worker Assistant or STNA. |
| INTERMEDIATE LEVEL | Registrant must be a Licensed Chemical Dependency Counselor II, Licensed Social Worker, or Licensed Professional Nurse. |
| ADVANCED LEVEL | Registrants must be Professional Counselors, Professional Clinical Counselors, Licensed Independent Social Workers, Licensed Chemical Dependency Counselor III's, Licensed Independent Chemical Dependency Counselors, Registered Nurses, a D.O. or M.D. or have a Ph.D. in Psychology, Counseling or Human Services. |

The Ohio Chemical Dependency Professionals Board is now requiring providers to list courses through CE Broker.

To review the RCH education classifications for the workshops in the brochure, please log on to your CE Broker Account.

Demystifying EMDR: Clinical Approaches for Recovery Enhancement

Jamie Marich, Ph.D., LPCC-S, LICDC

Friday, September 28, 2018

8:30 A.M. – 4:00 P.M.

Intermediate

6 RCH's Provider #50-17837

6 CEU Provider # RCS110677

FEE: \$45

Eye Movement Desensitization and Reprocessing (EMDR) is a viable psychotherapy for the treatment of trauma and other related mental health disorders. In recent years, several major organizations have endorsed EMDR in practice guidelines as an efficacious treatment for Post Traumatic Stress Disorder (PTSD). This workshop uses both didactic and experiential components to explain the theoretical elements of EMDR, clear up common misconceptions about the therapeutic approach, assess client appropriateness for EMDR referral, and help you to decide if further training in EMDR is for you. Some EMDR related techniques are taught for use by attendees in clinical settings.

To register for this session, please use Eventbrite. Click this link: demystifyingemdr.eventbrite.com

Immigration 101: Defining Terms, Accessing Services and Discussing Current Issues

**Camille Gill, Attorney and Mead Wilkins, LISW-S
Catholic Charities of Cleveland**

Tuesday, October 2, 2018

9:00 A.M. – 12:30 P.M.

Open

3.5 RCH's Provider #50-17837

3.5 CEU Provider # RCS110677

FEE: \$25

The workshop will cover "Immigration 101" and define common terms used to refer to immigrant groups and the legal definition of each. Additionally, the workshop will cover common questions about immigrant eligibility for government services such as social security numbers, public benefits, and driver's licenses, as well as common issues with accessing these services. Requirements regarding language access under Title VI and where to go if your client is denied services due to language access will be discussed. Finally, changes to immigration law and policy under the new presidential administration, how that may affect the clients you serve, and how you can help will be discussed.

To register for this session, please use Eventbrite. Click this link: immigrationinfo.eventbrite.com

A Clinical Supervisor's Ethical Guide on Managing and Preventing Burnout: Leading Your Team to Wellness

Samantha Reid, LPCC-S, LCDCIII

Friday, October 12, 2018

1:00 P.M. – 4:30 P.M.

Open

3 RCH's Provider # 50-17837

3 CEU Provider # RCS110677

FEE: \$25

Participants will examine common stressors that may impact clinical and clerical workforce in behavioral health agencies. The concepts of vicarious trauma, burnout, and compassion fatigue will be explored. Supervisors will review ethical dilemmas related to workplace stress and explore when to shift their supervisory role from administrative to clinical. Participants will examine resources to help expand and develop a program for workplace wellness, promoting work life balance within their own clinical and clerical staff.

To register for this session, please use Eventbrite. Click this link: leadteamtowellness.eventbrite.com

Dialectical Behavioral Therapy Skills

Samantha Mishne, MSW, LISW, LICC

Friday, November 9, 2018

9:00 A.M. – 4:00 P.M.

Open

6 RCH's Provider # 50-17837

6 CEU Provider # RCS110677

FEE: \$45

This training will provide participants with an understanding of the four components-Mindfulness, Emotion Regulation, Distress Tolerance and Interpersonal Effectiveness that make up Dialectical Behavioral skills (DBT) training. Participants will also learn the difference between adult and adolescent DBT skills training.

To register for this session, please use Eventbrite. Click this link: dialecticalbehavioraltherapy.eventbrite.com



This art piece, "Decisions, Decisions," was created by Dan M. and won 2nd place at the 2018 client art show held in May.

Technology and Mental Health: Risks and Opportunities

**Dr. Julian Dooley, Cuyahoga County Common Pleas
Court Psychiatric Clinic
Friday, November 16, 2018
8:30 A.M. – 4:00 P.M.**

**Open
6 RCH's Provider #50-17837
6 CEU's Provider # RCS110677**

FEE: \$45

Do you own a smart phone? Do you use social networking sites? Ever been online? This full-day workshop will examine common technology use patterns. In addition, you will learn about the mental health risks and opportunities associated with technology use. You will discover the positive and negative mental health effects of social networking site use and will learn about emerging technological approaches to addressing mental health disorders.

*To register for this session , please use Eventbrite. Click this link:
technologymentalhealth.eventbrite.com*

Peer Coaches Working in a Trauma Informed Environment

**Jody Morgan, Project Manager, Ascent & Thrive Peer Support and Wendy Wheeler, Ascent ED Supervisor
Monday, November 19, 2018
9:00 A.M. – 12:00 P.M.**

**Open/Entry/Intermediate
3 RCH's Provider #50-17837
3 CEU Provider # RCS110677**

FEE: FREE

This session will discuss how peer recovery coaches are successfully working in traumatic environments assisting others. We will also discuss how to create a trauma informed environment for peer coaches (and other staff) when working with individuals in recovery and in recovery oriented environments.

1. Participants will be able to use information learned and apply in their current and future work endeavors.
2. Individuals will collect resources, tools and information to disseminate back to others.
3. Participants will be able to differentiate between a trauma informed environment and a non-trauma informed environment.
4. Individuals will be able to measure and then recommend ways to address trauma related challenges within their own organization
5. Participants will be able to practice a trauma informed approach when working with peer recovery coaches within their organization.

*To register for this session , please use Eventbrite. Click this link:
peercoachestrauma.eventbrite.com*

Peer Support – Experiences from the Field **Jody Morgan, Project Manager, Ascent & Thrive Peer Support**

**Monday, November 19, 2018
1:00 P.M. – 5:00 P.M.**

**Open
3 RCH's Provider #50-17837
3 CEU's Provider # RCS110677**

FEE: FREE

This session will be a panel of peer recovery coaches who have worked in either an emergency room or out in the field with peers. They will share real life experiences of situations that they have encountered and allow for questions and answers.

1. Participants will be able to differentiate the services that a peer recovery coach can provide vs a clinical staff member in various arenas such as the emergency room, a treatment center or out in the community.
2. Participants will be able to recognize the benefits that a peer recovery coach can bring to a team and how they integrate with a clinical team.
3. Participants will be able to discuss the difference in what a peer recovery coach can do while working alongside of or in addition to other treatment staff.

*To register for this session , please use Eventbrite. Click this link:
peersupportfromfield.eventbrite.com*

Motivational Interviewing for Group Therapy

**John Ellis, LISW-S, LICDC-CS
Wednesday, December 5, 2018
8:30 A.M. – 4:00 P.M.**

**Open
6 RCH's Provider #50-17837
6 CEU Provider # RCS110677**

FEE: \$45

This 1-day, 6-hour workshop provides behavioral health counselors an opportunity to consider the potential impact of using Motivational Interviewing (MI) methods in facilitating counseling groups. The workshop includes brief instructional presentations, demonstrations, structured learning activities, and group facilitation skill practice, all within an MI framework. Clinicians who facilitate groups using a structured, manual-based format and those who utilize more process-focused methods will benefit equally from the workshop. It should be noted, however, that this workshop does not serve as a basic introduction to MI or to group facilitation.

*To register for this session , please use Eventbrite. Click this link:
motivationalinterviewingtherapy.eventbrite.com*

Bullying: Forms, Functions and Interventions
Dr. Julian Dooley, Cuyahoga County Common Pleas Court
Psychiatric Clinic
Friday, December 14, 2018
8:30 A.M. – 4:00 P.M.

Early/Intermediate/Advanced
6 RCH's Provider #50-17837
6 CEU Provider # RCS110677

FEE: \$45

This workshop will explore the roots, causes and types of bullying behavior in school and workplace settings. In this workshop, you will learn what causes or underlies bullying behaviors, what maintains the behaviors, how to accurately measure bullying, the various types of overt and covert bullying (including via technology). You will learn about evidence based intervention strategies and the most effective components to address bullying behaviors.

To register for this session, please use Eventbrite. Click this link:
bullyinginterventions.eventbrite.com

**IF YOU CANNOT ATTEND A WORKSHOP
FOR WHICH YOU ARE CONFIRMED,
PLEASE CALL CAROLE BALLARD
DIRECTOR OF TRAINING AND EDUCATION,
AT (216) 241-3400, EXT. 730.**

No refunds will be provided.

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Twitter: @ADAMHSBoardCC

Instagram: ADAMHSBoardCC

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If you have any questions, call Carole Ballard, Director of Training and Education at 216-241-3400, ext. 730, or to ballard@adamhsc.org.

Presenter Information

Jamie Marich, LPCC-S, LICDC is a clinical counselor, musician, performer, writer and dancer. Marich unites these elements of her experience to achieve an ultimate mission: bringing the art and joy of healing to others. Marich has traveled the country since 2008 leading continuing education workshops on topics related to trauma and addiction. A rising star in her field who is often asked to speak due to the “fresh perspective,” she gives on topics related to trauma and addiction. Marich maintains a private practice out of PsyCare in Youngstown, Ohio where she specializes in the treatment of addiction concurrent with traumatic stress, grief & loss, and spiritual issues. She also continues to serve as a contributing faculty member for several online universities.

Camille Gill is the Managing Attorney of Cleveland Catholic Charities’ Migration and Refugee Services’ Immigration Legal Services program. She has worked as an immigration attorney at Catholic Charities since January 2014. She graduated from the University Of Toledo College Of Law in 2008 and has worked exclusively in the nonprofit sector. Throughout her career, she has practiced immigration law and worked on immigrant issues relating to taxes, public benefits, language access, and domestic relations. She is a member of the American Immigration Lawyers Association (AILA), The Cleveland Metropolitan Bar Association, and the Lawyer’s Guild for the Catholic Diocese of Cleveland.

Presenter Information (continued)

Mead Wilkins is the Clinical Director of Migration and Refugee Services at Catholic Charities and is responsible for the clinical development and management of the Ohio Center for Survivors of Torture. This program serves highly traumatized, medically fragile, and at-risk refugees in Northeastern Ohio who meet the legal definition of torture. The focus is on integrated care that is evidenced based. Duties also include supervision of the Preferred Communities Program, oversight of research projects, patient navigation, graduate student field placement and group facilitation.

Samantha Reid, LPCC-S, LCDCIII is licensed in the state of Ohio as a Licensed Professional Clinical Counselor and Licensed Chemical Dependency Counselor level-III. She has been professionally developing her skills in the field of mental health since the year 2000. Her Undergraduate work includes a Bachelor's of Arts and Science from The University of Toledo. She also has a master's level degree in Mental Health Counseling from Walden University. She has had formal training in Chemical Dependency Counseling as well as Mental Health Counseling.

Over the past 15 years, she has worked in a clinical setting as an assessor, intake worker, supervisor, school based therapist, EAP counselor, consultant, prevention specialist, case manager, presenter, trainer, teacher and advisor. In a clinical counseling capacity, this has allowed her to experience the delicate blending of applying evidenced based treatment models to real world applications. These experiences have given her insight in dealing with people, right where they are. She has learned the benefits of several clinical counseling approaches including TF-CBT, Psychological First Aid, and Motivational Interviewing.

Samantha Mishne, LISW-S, LICDC is an individual therapist to adolescents and adults suffering from a dual diagnosis. She specializes in the treatment of eating disorders using Dialectical Behavioral Therapy (DBT) to target multiple behaviors. Samantha has been The Emily Program for 9 years (Cleveland Center for Eating Disorders for the first 6) collaborating with a multi-disciplinary team including psychiatrists, dieticians, and medical. Samantha has attended multiple intensive trainings in DBT, and has been an adjunct faculty at the Mandel School of Applied Social Sciences at Case Western Reserve University for the last 13 years. Every year, Samantha supervises a social work intern from the Mandel School.

Dr. Julian Dooley works at the Cuyahoga County Court of Common Pleas Psychiatric Clinic where he conducts court ordered psycho legal evaluations. Prior to relocating to the US, he lived in Perth, Australia and was the Associate Director at the Sellenger Centre for Research in Law, Justice and Social Change and Head of the Social Wellbeing and Technology (SWaT) at Edith Cowan University. He completed his PhD at the University of Melbourne where he investigated the impact of traumatic brain injury on aggressive and violent behaviors.

Dr. Dooley has won several awards including the 2010 Edith Cowan University Vice-Chancellor's Award for Excellence in Research by an Early Career Researcher. He has been awarded over \$3 million in research funds and his research has been published in a variety of high impact scientific journals. He authored a comprehensive review of cyber safety Parliamentary Hearing of the topic of safe technology use.

John M. Ellis, LISW-S, LICDC-CS, has almost 33 years experience in the field of addictions and mental health. His academic and curriculum focus is on healthcare policy/administration, addictions/mental illness, integrated healthcare, evidence based interventions, workforce development, clinical supervision, and technology transfer. Prior to arriving at The University of Akron, his roles included: Clinical Director of two Ohio County Mental Health and Addictions Services Boards; provider of direct clinical service for persons struggling with addictions & mental illness in hospital, jail, and outpatient settings; and, member and former Chair of the Ohio Chemical Dependency Professionals Board.



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