



Client artwork by Cynthia St Andrews.

**Spring  
2019**

**Workshop  
Schedule**



**ADAMHS**

**BOARD OF CUYAHOGA COUNTY**

**ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES**

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Board Chair*

*Scott S. Osiecki  
Chief Executive Officer*

**IMPROVING LIVES THROUGH WELLNESS, RECOVERY AND INDEPENDENCE**

**TRAINING INSTITUTE**

**Spring 2019**

**Workshop Schedule**

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www.adamhsc.org

# IMPORTANT INFORMATION

The Alcohol, Drug Addiction & Mental Health Services (ADAMHS) Board of Cuyahoga County's Training Institute is an approved provider through the Ohio Chemical Dependency Professionals Board and the Ohio Counselor, Social Worker, Marriage and Family Therapist Board offering Recognized Clock Hours (RCH) to Chemical Dependency Professionals as well as Continuing Professional Education hours (CPE) to Counselors and Social Workers.

Fees for the ADAMHS Board Training Institute workshops are \$25 per half-day (2-4 hour) session and \$45 for a full-day (5+ hour) session. Occasionally, workshops will be offered free on an as-needed basis per topic. Workshop fees are non-refundable.

The ADAMHS Board is using Eventbrite to process ALL registrations. **Payment must be made by credit card. Invoices may be sent to organizations.** All workshop participants must be registered and confirmed in advance through Eventbrite. An order confirmation and entrance ticket to the workshop will be emailed through Eventbrite immediately after the registration process is complete. Walk-ups and cash payments will not be accepted.

To register for a workshop, click the link or copy and paste the link into a web browser that is listed at the end of each workshop description. Please note that each session has its own unique link for registering. If you want to attend more than one session, you must register for each session individually through its unique link. **If you are requesting CEUs and/or RCHs, you must provide your license number to complete your registration. Your license number is necessary for the Board to provide information to CEBROKER.** To find out more about CEBROKER visit [www.cebroker.com](http://www.cebroker.com).

Please arrive on time for all scheduled workshops. If you arrive late to a workshop you will not receive a certificate. Partial credit will not be given. In order to receive a certificate of completion, you must be present for the entire workshop.

### General Information:

All workshops are held in the Training Institute, located in the ADAMHS Board offices on the 6<sup>th</sup> Floor of the United Bank Building, 2012 West 25<sup>th</sup> Street. Free parking is available on a first-come, first-served basis. All visitors must check-in at the blue Parking Attendant Booth located in the lot directly behind the building on West 26<sup>th</sup> Street. Visitors are to inform the attendant that they are visiting the ADAMHS Board and will be directed to available parking spaces or may receive complimentary valet parking. Please bring the ticket provided to you from the attendant to the ADAMHS Board receptionist for validation. Free and metered parking are also available on the street.

### Participants must meet the minimum education level and credential requirements indicated:

|                           |   |
|---------------------------|---|
| <b>OPEN LEVEL</b>         | Open to anyone seeking the most basic understanding/awareness of the topic presented.   |
| <b>ENTRY LEVEL</b>        | Registrants must be Certified Chemical Dependency Assistants, Registered Applicants for Prevention, Social Worker Assistant or STNA.  |
| <b>INTERMEDIATE LEVEL</b> | Registrant must be a Licensed Chemical Dependency Counselor II, Licensed Social Worker, or Licensed Professional Nurse.   |
| <b>ADVANCED LEVEL</b>     | Registrants must be Professional Counselors, Professional Clinical Counselors, Licensed Independent Social Workers, Licensed Chemical Dependency Counselor III's, Licensed Independent Chemical Dependency Counselors, Registered Nurses, a D.O. or M.D. or have a Ph.D. in Psychology, Counseling or Human Services. |

**If you have any questions, call Carole Ballard, LISW, Director of Training and Education at 216-241-3400 ext. 730 or email [ballard@adamhsc.org](mailto:ballard@adamhsc.org).**

The Ohio Chemical Dependency Professionals Board is now requiring providers to list courses through CEBROKER.

To review the RCH education classifications for the workshops in the brochure, please log on to your CEBROKER account.

## Clinical Supervision

*John Ellis, LISW-S, LICDC-CS, ICCS*

*Tuesday, April 9, 2019*

*ADAMHS Board, Buckeye Room*

*1:00 P.M. to 4:00 P.M.*

*Intermediate*  
**3 RCH's Provider #50-17837    3 CEU Provider # RCS110677**

### FEE: \$25

This course is designed for professionals already providing clinical supervision in an addictions treatment, prevention, or mental health setting, who have already participated in the Clinical Supervision Foundations Workshop. The workshop will include both didactic presentation and experiential practice of materials through role-play scenarios.

Materials covered will include:

- Decision-making process in determining the type of supervisory method used for specific supervisee development stages.
- Navigating ethical dilemmas encountered by supervisees.
- Setting up and facilitating team meetings, and;
- Using technology in direct observation.

*To register for this session, please use Eventbrite. Click this link:*

<https://springclinicalsupervision.eventbrite.com>

## Screening & Assessment of Youth with Co-Occurring Disorders & Psychoactive Drugs of Abuse and Differential Diagnostic Considerations in Adolescents

*Michael Fox, LPCC-S, CCDC III*

*Friday, April 12, 2019*

*ADAMHS Board, Buckeye Room*

*9:00 A.M. to 4:00 P.M.*

*Open*  
**6 RCH's Provider # 50-17837**  
**6 CEU Provider # RCS110677**

### FEE: \$45

This training is presented from the specialized perspective of providing clinical services to youth with co-occurring mental health and substance use disorders. It aspires to increase clinical recognition for the high prevalence of co-occurring mental health and substance use disorders in youth. It is also intended to initiate/reinforce increased considerations regarding the importance of conducting regular screenings and performing developmentally appropriate assessments. Components of these broader goals include: prevalence of mental health and substance use disorders in addition to trauma and victimization for youth; developmental considerations regarding approaches to screening, assessment and diagnostic understanding; and exploration of specific tools for both screening and assessment.

The second part of the training will be presented from a specialized perspective of providing clinical services to youth with co-occurring disorders. It will describe, briefly, pharmacokinetic and pharmacodynamics aspects of the nine specific classes of drugs identified in the DSM-5 and also present several examples of psychoactive substances that may be more common to youth experimentation that is included in the tenth class of "other". Potential cognitive and behavioral impacts of use of each substance is discussed from an adolescent-developmental perspective. These latter considerations, then, are platformed to frame initial considerations about symptom crossover in differential diagnostic understanding.

*To register for this session, please use Eventbrite. Click this link:*

<https://springscreeningandassessment.eventbrite.com>

**IF YOU CANNOT ATTEND A WORKSHOP FOR WHICH YOU ARE CONFIRMED, PLEASE CALL CAROLE BALLARD, DIRECTOR OF TRAINING AND EDUCATION AT (216) 241-3400, EXT. 730.**

**No refunds will be provided. Instead, credit will be provided for an alternative training session.**

## Presenter Information

**Karen McHenry, LISW-S, LICDC**, serves as program manager of Bellefaire JCB's Homeless Youth Programs, which offer interventions, safety and short term solutions for children and youth who are homeless. Karen joined Bellefaire JCB in 1987. Her initial role was childcare worker, where she developed clinical knowledge and experience supporting high-risk youth and their families. Karen has been recognized for her outstanding assistance to the FBI in connections with its investigative efforts. She is the recipient of the Childcare Worker of the Year Award and the National Direct Service Worker Merit Award from Child Welfare League of America. She has a Bachelor's degree from Kent State University and a Master's degree in Social Service Administration from the Mandel School of Applied Social Sciences. Ms. McHenry is a certified Chemical Dependency Counselor with a clinical endorsement, a Licensed Independent Social Worker and a fire safety educator.

**Michael Fox, LPCC-S, CCDC III**, provides educational training and consultation to professionals working with youth and families with co-occurring mental health and substance use issues, including the Integrated Co-Occurring Treatment Model (ICT) developed by the Center for Innovative Practices. Combining experiences from mental health and substance abuse direct treatment, systemic and contextual coordination, and teaching with research-driven data, Mike works with demonstrated practices to assist professionals and communities on decreased risk to individuals and help families.

Mike has also worked in the addictions field of counseling with adults and later provided treatment to youth with co-occurring mental health and substance use disorder and their families in home-based settings. Mike also taught college courses in psychology, addictions, and human development.

**Karell T. McDaniel, LICDC-CS**, the Executive Director and Senior Chaplain of Life Recovery Ministries since 2006. He is also lead instructor of Life Recovery Development Institute. Karell is an ordained minister and a Licensed Independent Chemical Dependency Counselor (LICDC-CS) with 35 years of experience in the field of Chemical Dependency.

Reverend McDaniel served as Chairman of the ADAMHS Board's Faith-based Initiative Subcommittee from 2012-2015 and subsequently became one of the first organizations to be funded by the ADAMHS Board's Faith-based Grant, and contracted to provide direct faith-based services. Karell is passionate about recovery, spiritual growth and faith-based counseling. He is the author of several books such as Down Another Path, and Arise. His expertise in chemical dependency and passion for spirituality has made him a pioneer in faith-based counseling and his Purpose-Driven Ministry promotes faith-based recovery. Karell was the 2013 recipient of the ADAMHS Boards Faith Based Involvement Award.

**John Ward, LCDC III, CTS**, is a licensed Chemical Dependency Counselor III and a Certified Trauma Specialist. He has been involved in child-welfare/human services in many aspects: as a foster child, adopted child, foster parent, caseworker, supervisor and a teacher/trainer. He specializes in RAD, ADD, and Trauma.

**Harry J. Sivec, Ph.D.**, Dr. Sivec is a clinical psychologist with extensive experience working with individuals who experience severe and persistent mental illness. He currently works with community agencies to implement a spectrum of Cognitive Behavioral Therapy services for persistent psychotic symptoms. Dr. Sivec completed advanced training in Cognitive Behavioral Therapy (CBT) at the Cleveland Center for Cognitive Therapy and he is certified by the Academy of Cognitive Therapy as a qualified cognitive therapist. He received additional specialized training and supervision in CBT for psychosis through the Insight CBT Partnership based in the United Kingdom. Dr. Sivec is a clinical associate professor in the Department of Psychiatry at Northeast Ohio Medical University.

**Valerie Kreider, Ph.D., LPCC-S, LICDC-CS**, Dr. Kreider is working to advance CBT-p programs in community-based treatment settings. She holds a doctor of philosophy in counselor education and supervision from Kent State University. She was previously a psychotherapist in private practice and with Cleveland Clinic Akron General, where she created and implemented partial hospitalization and intensive outpatient services. She specializes in Dialectical Behavioral Therapy (DBT), dual diagnosis (substance use and mental health disorders) and Gestalt therapy. She is completing advanced training with the Gestalt Institute of Cleveland. Dr. Kreider completed advanced training in Cognitive Behavioral Therapy (CBT) at the Cleveland Center for Cognitive Therapy.

## Spiritual Caregiving for Clients with Mental Health and Substance Use Disorders

**Karell McDaniel, LICDC-CS**

**Friday, April 19, 2019 AND Monday, June 10, 2019**

**ADAMHS Board, Buckeye Room**

**9:00 A.M. to 4:00 P.M.**

**Open**

**6 RCH's Provider # 50-17837**

**6 CEU Provider # RCS110677**

**FEE: \$45**

This workshop is designed to emphasize and promote the importance of faith in healing. It provides cross training among and between faith-based providers and mental health and chemical dependency professionals in order to improve the communication and coordination of services needed to help clients with chronic mental illnesses, especially those who indicate having unmet spiritual needs and/or are at-risk for spiritual distress. These innovative services for the addiction population are offered to enhance coordination with faith-based professionals performing specialized direct services as contract providers of the ADAMHS Board and according to Ohio Revised Codes 4757.41 (A) and 4758.03 (B).

To register either of these sessions, please use Eventbrite. Click the link below for either the April 19 OR June 10 event:  
<https://springspiritualapril19.eventbrite.com>  
<https://springspiritualjune10.eventbrite.com>

## Introduction to Strategies for Working with Psychosis Informed by CBT-p

**Harry J. Sivec, Ph.D., Clinical Psychologist**

**Valerie Kreider, Ph.D., LPCC-S, LICDC-CS**

**Tuesday, April 23, 2019**

**ADAMHS Board, Buckeye Room**

**9:00 A.M. to 4:00 P.M.**

**Open**

**6 RCH's Provider #50-17837**

**6 CEU's Provider # RCS110677**

**FEE: \$45**

At least 25-50 percent of the individuals affected by schizophrenia continue to have persistent psychotic symptoms, such as hearing voices, despite taking their antipsychotic medications as prescribed. When treated with medication and a form of Cognitive Behavioral Therapy adapted for psychosis (CBT-p), individuals affected by persistent psychotic symptoms can experience improvements in symptoms and overall functioning. CBT-p offers interventions that individual practitioners and teams, such as first episode psychosis and Assertive Community Treatment teams, can incorporate into clinical care. The goal is to provide individuals affected by schizophrenia with tools and methods to help them cope and gain some control over persistent psychotic symptoms.

To register for this session, please use Eventbrite links below:  
<https://springintroduction.eventbrite.com>

## Stop, Look, and Listen: Engaging Youth Experiencing Homelessness

**Karen McHenry, LISW-S, LICDC**

**Friday, May 10, 2019**

**ADAMHS Board, Buckeye Room**

**9:00 A.M. to 12:00 P.M.**

**Open**

**3 RCH's Provider #50-17837**

**3 CEU Provider # RCS110677**

**FEE: \$25**

Over 150 teenagers are missing every day in Cuyahoga County, due to unstable housing, staying in unsafe and chaotic homes, or sleeping in places not meant for habitation. Come discover the skills to connect and engage teens. Stop, look, and listen to teenagers to prevent running away behaviors. Examine the history of homeless and missing teens. Many will become victims of trauma, sex trafficking, violence, sexual abuse, and will lack that sense of belonging

To register for this session, please use Eventbrite. Click this link:  
<https://springstoplooklisten.eventbrite.com>

## LGBT 101: Cultural Competency

**John Licatato, BA, Communications**

**Tuesday, May 14, 2019**

**ADAMHS Board, Buckeye Room**

**1:00 P.M. to 4:00 P.M.**

**Open**

**3 RCH's Provider #50-17837**

**3 CEU's Provider # RCS110677**

**FEE: \$25**

Cultural competency, as defined by the National Center for Cultural Competence, "is having the capacity to value diversity, conduct self-assessment, manage the dynamics of difference, acquire and institutionalize culture knowledge, and adapt to diversity and the cultural contexts of communities they serve." The LGBT 101: Cultural Competency training is designed to provide a fundamental understanding of the Lesbian Gay Bisexual Transgender community. Part of this understanding is also raising awareness of the issues that affect those who identify as part of the larger LGBT community. This awareness should translate into increasing sensitivity and efficacy in working with a vulnerable population.

To register for this session, please use Eventbrite. Click this link:  
<https://springlgbt101.eventbrite.com>

## Mental Health and the Role of Friends and Family

**Danelle Hupp, Ph.D., Clinical Psychologist**

**Friday, May 17, 2019**

**ADAMHS Board, Buckeye Room**

**9:00 A.M. to 12:00 P.M.**

**Open**

**3 RCH's Provider #50-17837**

**3 CEU's Provider # RCS110677**

### **FEE: \$25**

There is substantial evidence that indicates that when families and significant others of people affected by schizophrenia are provided with support and education about the illness, relapse rates are significantly lower, overall individual and family functioning improves, and family burdens are reduced. This BeST practice recognizes that families and significant others are vital members of the recovery team and benefit from education about serious mental illnesses; informational resources; strategies to prevent and manage crises; skills training and ongoing guidance about managing mental illnesses; problem solving; and social and emotional support. There is a need for an array of family education and support options based on preferences, needs, cultural considerations and accessibility.

*To register for this session, please use Eventbrite. Click this link:*

<https://springmentalhealth.eventbrite.com>

## The Disease Model of Addiction

**Raman Baishnab, DO**

**Tuesday, May 21, 2019**

**ADAMHS Board, Buckeye Room**

**9:00 A.M. to 12:00 P.M.**

**Open**

**3 RCH's Provider #50-17837**

**3 CEU's Provider # RCS110677**

### **FEE: \$25**

This workshop will cover the disease model of addiction and current medication management of substance use disorders. Participants will be able to compare the treatment approach of a disease model vs a moral model of addiction. They will be able to describe basics of the reward system in the brain and the interplay of brain regions in our process of decision-making and behaving.

*To register for this session, please use Eventbrite. Click this link:*

<https://springdiseasemodel.eventbrite.com>

The ADAMHS Board has arranged for the presenters to provide the trainings and/or topics listed in this brochure. While ADAMHS Board staff have taken steps to ensure that the presenters are qualified to offer the topics, the ADAMHS Board of Cuyahoga County assumes no responsibility for workshop content, participant interpretation of the material presented nor the application of the information presented.

## Integration of Mental Health and Problem

### Gambling into AOD Prevention

**Ashley Hartman, MPH, CHES, OCPS**

**Tuesday, June 4, 2019**

**ADAMHS Board, Buckeye Room**

**9:00 A.M. to 12:00 P.M.**

**Open**

**3 RCH's Provider #50-17837**

**3 CEU's Provider # RCS110677**

### **FEE: \$25**

In 2015, the scope of prevention professional through the Ohio Chemical Dependency Board was broadened to including behavioral health and gambling prevention. This training will explore the implication of this change and how prevention professionals can prepare to further integrate behavioral health and gambling into their initiatives.

*To register for this session, please use Eventbrite. Click this link:*

<https://springintegration.eventbrite.com>

## Motivational Interviewing for Group

### Therapy

**John Ellis, LISW-S, LICDC-CS, ICCS**

**Friday, June 14, 2019**

**ADAMHS Board, Buckeye Room**

**9:00 A.M. to 4:00 P.M.**

**OPEN**

**6 RCH Provider # 50-17837**

**6 CEU Provider # RCS110677**

### **FEE: \$45**

Provides behavioral health counselors an opportunity to consider the potential impact of using Motivational Interviewing (MI) methods in facilitating counseling groups. The workshop includes brief instructional presentations, demonstrations, structured learning activities, and group facilitation skill practice, all within an MI framework. Clinicians who facilitate groups using a structured, manual-based format and those who utilize more process-focused methods will benefit equally from the workshop. It should be noted, however, that this workshop does not serve as a basic introduction to MI or to group facilitation.

*To register for this session, please use Eventbrite. Click this link:*

<https://springmotivationalinterviewing.eventbrite.com>

## Presenter Information

**Ashley Harman, MPH, CHES, OCPC** is the Coordinator of Training and Wellness at Recovery Resources. In this role, she manages the problem gambling prevention and treatment programs, the agency's training institute and employee assistance program, Assist NOW. Ashley's training expertise includes problem gambling, suicide prevention, the bystander intervention model, and employee and manager trainings, including Drug Free Workplace Program training, professional trainings for prevention specialists and health educators and Mental Health First Aid. She is a member of the Employee Assistance Professionals Association, Board President of the Problem Gambling Network of Ohio and a member of the Emerging Leader Board for the Ohio Association of Nonprofit Organization.

**Dr. Raman Baishnab** is a graduate of Lake Erie College of Osteopathic Medicine. He completed psychiatry residency through NEOMED at Akron General and Summa St. Thomas Hospitals. Dr. Baishnab became interested in addiction during medical school working with a suicidal patient addicted to alcohol and cocaine. The largest cohort of his private practice quickly became opioid addicted patients that he treated with Suboxone MAT. He provides psychiatric care at Oakview Behavioral Health, primarily in service of the mental health Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP).

**Danelle Hupp, Ph.D.** is a Clinical psychologist who received her doctorate from the University of Toledo. Dr. Hupp has expertise in the treatment of serious and persistent mental illness, including extensive training in family psychoeducation and other family-based services. She is the Senior Consultant & Trainer for Family-Based Services at the Best Practices in Schizophrenia Treatment (BeST) Center at the Northeast Ohio Medical University (NEOMED). Dr. Hupp provides consultation to other best practice areas within the BeST Center, such as FIRST Coordinated Specialty Care for First Episode Psychosis and Cognitive Behavioral Therapy for Psychosis.

Dr. Hupp holds an appointment as a Clinical Assistant Professor in the Department of Psychiatry at NEOMED. She has served on the National Alliance of Mental Illness (NAMI)-Summit County Board and Executive committee (as Secretary) since March 2014 and has been an active member of NAMI since 2006. Dr. Hupp is dedicated to serving individuals diagnosed with mental illness and their support persons.

**John Licatatiso** is a graduate of John Carroll University with a BA in Communications. John is the Training Coordinator of the Lesbian Gay Bisexual Transgender Community Center of Greater Cleveland; he has also served as the HIV Outreach Coordinator at Circle Health Services and is an AmeriCorps alumni. His background is in community health and he has an extensive history of working with underserved and at risk populations. His most recent work history has included STD prevention education and work as part of Cuyahoga County's Syringe Exchange program. Through his work, John has found a passion for advocating and empowering the most marginalized groups, in particular, LGBTQ people. John is a lifelong Clevelander and is also a Freelance Graphic Designer.

**John M. Ellis, LISW-S, LICDC-CS, ICCS**, has almost 33 years of experience in the field of addictions and mental health. His academic and curriculum focus is on healthcare policy/administration, addictions/mental illness, integrated healthcare, evidence based interventions, workforce development, clinical supervision, and technology transfer. Prior to arriving at The University of Akron, his roles included:

- Clinical Director of two Ohio County Mental Health and Addictions Services Boards;
- Provider of direct clinical service for persons struggling with addictions & mental illness in hospital, jail, and outpatient settings;
- Member and former Chair of the Ohio Chemical Dependency Professionals Board.

Current and past responsibilities involved: community planning and needs assessments for community behavioral health needs, establishment of funding priorities, launching local coalitions (e.g. Summit County Opiate Task Force, Lorain County Fatherhood Initiative), implementation and evaluation of evidence based interventions (e.g. CBT, Motivational Interviewing, Strengthening Families, Low-dose buprenorphine with counseling), grant writing, and the efficient and effective coordination of services. Other efforts have included the refinement of State rules related to the delivery of addictions treatment, and the enhancement of community college, four year, and graduate curricula relative to addictions and mental illness.

## Providing Care for a Child with Reactive Attachment Disorder (RAD)

John Ward, LCDC III, CTS

Wednesday, June 19, 2019

ADAMHS Board, Buckeye Room

9:00 A.M. to 4:00 P.M.

**OPEN**

**6 RCH Provider # 50-17837**

**6CEU Provider # RCS110677**

### **FEE: \$45**

Living and/or working with a child with a Reactive Attachment Disorder (RAD) can be quite challenging. Discover practical ways of parenting and working with children who have RAD, as well as, using tools and techniques to help maintain your sanity and bring healing to these children in a loving and practical way.

To register for this session, please use Eventbrite. Click this link:

<https://springprovidingcare.eventbrite.com>

## Free QPR (Question, Persuade and Refer) Suicide Prevention Training

The ADAMHS Board of Cuyahoga County is providing free QPR Training to people who live and work in Cuyahoga County, and are in a position to recognize a crisis and warning signs that someone may be contemplating suicide.

The trainings are held at the ADAMHS Board in the Buckeye Room from 4:00 P.M. to 6:00 P.M. on the following dates in 2019:

May 9:

<http://qprm9.eventbrite.com>

August 27:

<http://qpraug27.eventbrite.com>

November 7:

<http://qprnov7.eventbrite.com>

To attend a QPR training, register on Eventbrite using the links above. Registration closes the day before each training. Trainings are limited to 30 attendees.



Artwork by a client of the Jewish Family Service Association of Cleveland

# TRAINING INSTITUTE

## Spring 2019

# Workshop Schedule

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