



Artwork by Mary W.

# ***Spring 2020 Workshop Schedule***



**ADAMHS**  
BOARD OF CUYAHOGA COUNTY  
ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES

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**IMPROVING LIVES THROUGH WELLNESS, RECOVERY AND INDEPENDENCE**

## **TRAINING INSTITUTE**

### ***Spring 2020 Workshop Schedule***

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## IMPORTANT INFORMATION

The Alcohol, Drug Addiction & Mental Health Services (ADAMHS) Board of Cuyahoga County's Training Institute is an approved provider through the Ohio Chemical Dependency Professionals Board and the Ohio Counselor, Social Worker, Marriage and Family Therapist Board offering Recognized Clock Hours (RCH) to Chemical Dependency Professionals as well as Continuing Professional Education hours (CPE) to Counselors and Social Workers.

Fees for the ADAMHS Board Training Institute workshops are \$25 per half-day (2-4 hour) session and \$45 for a full-day (5+ hour) session. Occasionally, workshops will be offered free on an as-needed basis per topic. Workshop fees are non-refundable.

The ADAMHS Board is using Eventbrite to process ALL registrations. **Payment must be made by credit card. Invoices may be sent to organizations.** All workshop participants must be registered and confirmed in advance through Eventbrite. An order confirmation and entrance ticket to the workshop will be emailed through Eventbrite immediately after the registration process is complete. Walk-ups and cash payments will not be accepted.

To register for a workshop, click the link or copy and paste the link into a web browser that is listed at the end of each workshop description. Please note that each session has its own unique link for registering. If you want to attend more than one session, you must register for each session individually through its unique link. **If you are requesting CEUs and/or RCHs, you must provide your license number to complete your registration. Your license number is necessary for the Board to provide information to CE BROKER.** To find out more about CE BROKER visit [www.cebroke.com](http://www.cebroke.com).

Please arrive on time for all scheduled workshops. If you arrive late to a workshop you will not receive a certificate. Partial credit will not be given. In order to receive a certificate of completion, you must be present for the entire workshop.

### General Information:

All workshops are held in the Training Institute, located in the ADAMHS Board offices on the 6<sup>th</sup> Floor of the United Bank Building, 2012 West 25<sup>th</sup> Street. Free parking is available on a first-come, first-served basis. All visitors must check-in at the blue Parking Attendant Booth located in the lot directly behind the building on West 26<sup>th</sup> Street. Visitors are to inform the attendant that they are visiting the ADAMHS Board and will be directed to available parking spaces or may receive complimentary valet parking. Please bring the ticket provided to you from the attendant to the ADAMHS Board receptionist for validation. Free and metered parking are also available on the street.

### Participants must meet the minimum education level and credential requirements indicated:

<b>OPEN LEVEL</b>	Open to anyone seeking the most basic understanding/awareness of the topic presented.
<b>ENTRY LEVEL</b>	Registrants must be Certified Chemical Dependency Assistants, Registered Applicants for Prevention, Social Worker Assistant or STNA.
<b>INTERMEDIATE LEVEL</b>	Registrant must be a Licensed Chemical Dependency Counselor II, Licensed Social Worker, or Licensed Professional Nurse.
<b>ADVANCED LEVEL</b>	Registrants must be Professional Counselors, Professional Clinical Counselors, Licensed Independent Social Workers, Licensed Chemical Dependency Counselor III's, Licensed Independent Chemical Dependency Counselors, Registered Nurses, a D.O. or M.D. or have a Ph.D. in Psychology, Counseling or Human Services.

If you have any questions, call Carole Ballard, LISW, Director of Education and Training at 216-241-3400 ext. 730 or email [ballard@adamhsc.org](mailto:ballard@adamhsc.org).

The Ohio Chemical Dependency Professionals Board and the Social Work, Marriage and Family Therapist Board are now requiring providers to list courses through CE BROKER.

To review the RCH education classifications for the workshops in the brochure, please log on to your CE BROKER account.

## The Neurobiology of Substance Use Disorder/Addiction

Jim Joyner, LICDC-CS

Monday, April 13, 2020 from 1:00 P.M. – 4:15 P.M

ADAMHS Board, Buckeye Room

**Entry – Advanced**  
**3 RCHs Provider #50-17837**  
**3 CEUs Provider # RCS110677**

### FEE: \$25

The consequences associated with Addiction/Substance Use Disorder are represented well in the daily lives of Americans today. Crime, premature death, child abuse and neglect, divorce, incarceration, automobile crashes, cancer and other health issues are just a few of the many symptoms of America's #1 health problem, Substance Use Disorder/Addiction. Yet, many view Substance Use Disorder/Addiction and its many consequences as a deliberate choice. This presentation will help participants understand Substance Use Disorder/Addiction as a brain disorder, who's most at risk and why, what science tells us about the disorder, its progression and how it can be treated.

To register for this session, please use Eventbrite. Click this link: <https://springneurobiology.eventbrite.com>

## Supervisory Toolbox

Samantha (Reid) Holmes, LPCC-S, LCDCIII

Monday, April 27, 2020 1:00 P.M. – 4:15 P.M.

ADAMHS Board, Buckeye Room

**Intermediate**  
**3 RCHs Provider # 50-17837**  
**3 CEUs Provider # RCS110677**

### FEE: \$25

In this training, supervisors will learn the benefits of using a developed supervisory method. Supervisors will gain tips for keeping detailed written records from the onboarding to offboarding stages of supervision. Participants will learn how to use identifiable measures during the interview process, supervision logs and beyond. Participants will discuss solutions for common personnel concerns that may arise with their clinical direct service staff.

To register for this session, please use Eventbrite. Click this link: <https://springtoolbox.eventbrite.com>

## Addressing Homelessness: History, & Clinical Implications in the United States

Erin Kray, LPCC-S

Tuesday, April 28, 2020 from 9:00 A.M. – 12:15 P.M

ADAMHS Board, Buckeye Room

**Open**  
**3 RCHs Provider #50-17837**  
**3 CEUs Provider # RCS110677**

### FEE: \$25

Homelessness is a complex issue that affects individuals and families worldwide. This workshop will discuss the history of homelessness in the United States and the evolution of solutions implemented along the way. Attendees will be introduced to national best practices, local and national trends, and common clinical diagnoses and interventions.

To register for this session, please use Eventbrite. Click this link: <https://springhomelessness.eventbrite.com>



## Presenter Information

**Jim Joyner, LICDC-CS** has over 48 years of professional experience in the field of alcohol and other drug prevention, treatment and training. He is a well-known and respected educator and trainer throughout Ohio, which has earned him a number of awards and acknowledgements. Most recently, he was selected as Professional of the Year 2016 by the National Association of Alcohol and Drug Addiction Counselors (NAADAC), which represents the professional interests of more than 85,000 addiction counselor, educators, and other addiction focused health care professionals in the United States, Canada and abroad. Jim also provides training and consultation for a variety of community and professional organizations. He facilitates weekly Family Education and Support Group programs designed specifically to assist parents and other family members who are concerned about a loved ones use of alcohol, other drugs and substances.

**Samantha (Reid) Holmes, LPCC-S, LCDCIII** has over 15 years in the social service field. She has worked in the clinical setting as an assessor, intake worker, supervisor, school based therapist, consultant, prevention specialist, case manager, counselor, and trainer, just to name a few. These experiences have given her insight in dealing with people, right where they are. She is experienced in several clinical counseling approaches that benefit the population served. Samantha is currently in practice with Hope Behavioral Health.

**Erin Kray, LPCC-S**, is the Associate Director of Housing and Shelter Services at Lutheran Metropolitan Ministry's (LMM) Men's Shelter at 2100 Lakeside, the State's largest shelter. Erin started off as an intern at LMM in 2007. From there, she has held various positions in Cuyahoga County's homeless services, including homeless street outreach at Frontline Service, shelter crisis intervention as part of the Mobile Crisis Team and assessment and diagnosis for men exiting homelessness into drug and alcohol treatment at Y-Haven. Erin has a Bachelor of Arts in art history and studio art from Kent State and a Master of Art Therapy and Counseling from Ursuline College. She is licensed as an independent counselor with a supervisor designation (LPCC-S) and is an ATCB registered Art Therapist (ATR).

**Stacy Simera, MSSA, LISW-S** provides psychotherapy at a private practice in Kent, Ohio and facilitates psycho-educational programming at a multiple sclerosis clinic. Stacy also serves on the Ohio Adolescent Health Partnership and serves as communications director for the non-profit Start School Later. Stacy was named 2014 Ohio social worker of the year.

**John Lisy, OCPC, LICDC-CS, LISW-S, LPCC-S** is the Executive Director of the Shaker Heights Youth Center. The Center received the Exemplary Prevention Award from the Ohio Department of Alcohol and Drug Addictions Services three times. John has been a part of the MyCom movement from its inception and has actively helped build and nurture youth serving coalitions in the Shaker Heights community.

**Edward J. Magiste, Ph.D.**, is a 38-year veteran social worker who has practiced in Cleveland, Ohio and Nairobi, Kenya. He has worked in substance abuse treatment and served as the Ohio Association of Alcoholism and Drug Abuse Counselors president for two terms. He also served on the board of the National Association of Alcoholism and Drug Abuse Counselors for six years. Currently, he teaches both graduate and undergraduate students at Cleveland State University, as well as, working in a private practice through Allied Behavioral Health Services in Fairview Park. There, he works with both adults and adolescents with mental health and substance abuse issues. He also works with families and couples. In his therapeutic work, Dr. Magiste uses Post Structural Feminist Therapy (PSFT) and Narrative Therapy (NT) techniques while working with clients. Additionally, he uses Cognitive Processing Therapy (CPT) in working with individuals recovering from trauma. Dr. Magiste is the first single male adoptive parent in Colombian history, adopting two special needs children from Bogota. He also teaches 5<sup>th</sup> and 6<sup>th</sup> graders at the Temple Tifereth Israel in Beachwood. Recently, Dr. Magiste was awarded the Ratner-Goldberg Israel Fellowship for 2019 for excellence in teaching.

**Paula Atwood, LISW-S, LICDC-CS** has over 46 years of experience in administration, management and direct care in the social service, mental health, child welfare, substance abuse/chemical dependency field and counseling/education. Paula is a graduate of the School of Applied Social Sciences at Case Western Reserve University and the Executive Masters in Business Administration program at Baldwin-Wallace College. She has been a Student Advisor with the Women in Transition program at Cuyahoga Community College since 2009. Ms. Atwood also worked at Beech Brook of Northeast Ohio in various administration positions from 1999-2019. In her last position at Beech Brook, she served as the Senior Director of Staffing and Special Internships, Alcohol and Drug Abuse Program Services and Community Relations. Paula continues to serve as a professional trainer for local universities and community organizations.

## Ethical Slippery Slopes: From Good Intentions to Blurred Boundaries

**Stacy Simera, MSSA, LISW-S**

**Monday, May 4, 2020 from 1:00 P.M. – 4:15 P.M.**

**ADAMHS Board, Buckeye Room**

**Open**

**3 RCHs Provider # 50-17837**

**3 CEUs Provider # RCS110677**

### **FEE: \$25**

Ethical violations are not typically due to a professional forgetting or purposely ignoring the rules. Instead, many ethical breaches occur because a professional stepped onto a slippery slope that led to the violation. In this workshop we are going to study situations that can unintentionally lead to violations, and explore tools to avoid or minimize risk, with a focus on good intentions, professional time mismanagement and blurred boundaries.

*To register for this session, please use Eventbrite. Click this link: <https://springethics.eventbrite.com>*

## Ethics for Professional Providing Prevention Services

**John Lisy, OCPC, LICDC-CS, LISW-S, LPCC-S**

**Monday, May 11, 2020 from 9:00 A.M. to 12:15 P.M.**

**ADAMHS Board, Buckeye Room**

**Open**

**3 RCHs Provider # 50-17837**

**3 CEUs Provider # RCS110677**

### **FEE: \$25**

The goal of this workshop is to review how to apply the Prevention Code of Ethics confidentiality and duty to warn to real world prevention situations. This workshop will help attendees understand how their values impact their approach to the Prevention Code of Ethics. Participants will understand the difference between personal values and ethics and will do a self-inventory to understand how their values impact their professional practices. Participants will become familiar with the Prevention Code of Ethics, areas of frequent violations and boundary issues for professionals. We will also review confidentiality as it applies to prevention services and duty to warn and apply that knowledge in a small group exercise.

*To register for this session, please use Eventbrite. Click this link:*

*<https://springpreventionethics.eventbrite.com>*

## Teen Depression and Suicide

**Paula Atwood, LISW-S, LICDC-CS**

**Friday, May 15, 2020 from 9:00 A.M. to 4:00 P.M.**

**ADAMHS Board, Buckeye Room**

**Entry - Intermediate (Advanced Level is also welcome)**

**6 RCHs Provider # 50-17837**

**6 CEUs Provider # RCS110677**

### **FEE: \$45**

Adolescence is an unsettling time for our young people; being able to discern what is normal and abnormal adolescent development is important. You will learn about the causes of mood disorders including depression and their manifestations and biological and familial factors. Identification of the signs and symptoms of distress and various episodes of depression, hypomania, bipolar and dysthymia disorders will heighten our clinical knowledge. As risks increase, we find that teen suicide has become a serious problem. Suicide is the second leading cause of death in the U.S. for ages 10-34. Learn about the basic facts, risk factors, situational triggering, stages of suicide, and assessment and various treatment approaches.

*To register for this session, please use Eventbrite. Click this link: <https://springteen.eventbrite.com>*

## What Does Sexual Orientation Orient? Working with LGBT+ Adolescents and Adults Beyond Coming Out

Edward J. Magiste, Ph.D

June 12, 2020 from 9 A.M. to 12:15 P.M.

ADAMHS Board, Buckeye Room

Entry - Intermediate (Advanced Level is also welcome)

3 RCHs Provider # 50-17837

3 CEUs Provider # RCS110677

### FEE: \$25

Working with LGBTQ individuals typically initially involves helping the client identify and grow in self-acceptance of their sexual orientation. Once that is done, often the consensus is that the LGBT+ individual has no more or less issues than the rest of the population. Yet, many of us find that when working with both adolescents and adults who are LGBT+ identified, this may not be the case. Members of the LGBTQ community face the question of coming out over and over again each time they meet a new person or encounter a new social situation whether as adolescents, adults or older adults. This constant reminder of their "differentness" can lead to anxiety, depression, and social withdrawal.

This experiential-based workshop will examine these challenges and the therapy techniques using cases that include adolescents, adults and older adults. We will discuss challenges covering three themes in working with LGBT+ individuals, coming out again and again; relationships and facing illness; and old age. This workshop will also discuss some of the basic techniques of Post Structural Feminist Therapy, which meets the APA standards for best practice in working with LGBTQ+ individuals, and how it can help the practitioner help clients to cope with both political and personal challenges in assessment, treatment planning and developing effective interventions across the three themes.

To register for this session, please use Eventbrite. Click this link: <https://springlgbtq.eventbrite.com>

## Overcoming Client Resistance

Paula Atwood, LISW-S, LICDC-CS

Friday, June 19, 2020 from 9:00 A.M. to 12:15 P.M.

ADAMHS Board, Buckeye Room

Entry - Intermediate (Advanced Level is also welcome)

3 RCHs Provider # 50-17837

3 CEUs Provider # RCS110677

### FEE: \$25

Often a client's resistance to counseling can be overwhelming for even the most experienced clinician. This workshop is for professionals who, finding themselves confronted with resistant clients, especially in a clinical setting, would like to increase their skills for a more successful engagement. Attendees will garner a better understanding of client resistance, the major factors of resistance and the necessary core conditions for establishing a helping relationship.

To register for this session, please use Eventbrite. Click this link: <https://springresistance.eventbrite.com>

If you are unable to attend a training that you have purchased, please cancel at least 3 days prior to the training. You can use your payment towards another training within the same term of the cancellation. In the instance the ADAMHS Board cancels a training, you can use your payment towards another training.

To cancel a training, please contact Regina Spicer, LSW, LICDC-CS, Training Officer at 216-479-3293.

The ADAMHS Board has arranged for the presenters to provide the trainings and/or topics listed in this brochure. While ADAMHS Board staff have taken steps to ensure that the presenters are qualified to offer the topics, the ADAMHS Board of Cuyahoga County assumes no responsibility for workshop content, participant interpretation of the material presented nor the application of the information presented.



Artwork by Cynthia S.

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