

Question, Persuade, Refer Suicide Prevention Training



The ADAMHS Board of Cuyahoga County is providing FREE Question, Persuade, Refer (QPR) Training to healthcare workers in Cuyahoga County who are in a position to recognize a crisis and warning signs that someone may be contemplating suicide.

TAKE A TRAINING. SAVE A LIFE.

Question, Persuade, Refer (QPR) teaches three simple steps that anyone can learn to help save a life from suicide.

QPR will teach healthcare workers that they are in a position to recognize the warning signs, clues and suicidal communications of people in trouble and to act vigorously to prevent a possible tragedy.

The goal of QPR Training is to help prevent deaths by suicide in Cuyahoga County and reduce the stigma associated with mental illness.

The ADAMHS Board, with the support of The Academy of Medicine of Cleveland & Northern Ohio and a grant from the Margaret Clark Morgan Foundation, is providing this training for FREE to healthcare workers in Cuyahoga County. Each training will last approximately one to two hours.

90% of people in a suicidal crisis will give some kind of warning of their intention to those around them.

45% of individuals who die by suicide visit their primary care physician within one month of their death.
20% visit within 24-hours.

This “last medical contact” before suicide is even higher among the elderly.

Almost 50% of elderly suicide victims visited their doctor within the week before their death.

FREE training!

Trainings may be held at your facility, the ADAMHS Board, hospitals, or a doctor's office.

Contact Carole Ballard to schedule a training at 216-241-3400 x730 or ballard@adamhsc.org. For more information, visit www.adamhsc.org



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