



Rev. Charlotte Still Noble
Board Chair

William M. Denihan
Chief Executive Officer



SERVICES DIRECTORY

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EMERGENCY RESOURCES FOR ADULTS AND CHILDREN

24-HOUR ALCOHOL AND/OR OTHER DRUG TREATMENT, INFORMATION AND REFERRAL

First Call for Help, United Way Services..... (Voice and TTY) **211 or 216-436-2000**

24-HOUR SUICIDE PREVENTION/MENTAL HEALTH CRISIS/INFORMATION/ REFERRAL FOR ADULTS & CHILDREN

MHS, Inc..... **216-623-6888**

NATIONAL 24-HOUR SUICIDE PREVENTION HOTLINE FOR ADULTS & CHILDREN 1-800-SUICIDE (784-2433)

AIDS

AIDS/HIV/STD of Ohio
(9 a.m.-7 p.m., Mon-Fri; 10 a.m.-2 p.m., Sat & Sun) **1-800-332-2437**

Centers for Disease Control, AIDS **1-800-342-2437**

ALCOHOLISM

Alcoholics Anonymous Cleveland District Office **216-241-7387**
Meeting information and peer intervention..... www.aacleveland.com

CHILD ABUSE

Cuyahoga County Department of Children
and Family Services..... **216-696-KIDS (5437)**

DOMESTIC VIOLENCE

Domestic Violence Center..... **216-651-8484**
24-Hour Hotline **216-391-HELP (4357)**

DRUG ABUSE

Narcotics Anonymous..... **1-888-438-4673**
Meeting information and peer intervention

FAMILY HELP

Bellflower Center 24-hour Family Helpline..... **216-229-8800**

RAPE

Cleveland Rape Crisis Center..... **216-619-6192**

OUTREACH

WARMLINE..... **440-886-5950**
Peer support for mental health consumers, seven days a week from 9:00 a.m. to 1:00 a.m.

INTRODUCTION

One in four people are impacted by addiction and/or mental illness in the State of Ohio. With appropriate treatment and support services, people living with addiction and/or mental illness can experience personal recovery and lead full and productive lives.

The Alcohol, Drug Addiction & Mental Health Services (ADAMHS) Board of Cuyahoga County is responsible and accountable for the planning, funding and monitoring of public alcohol and other drug addiction and mental health services delivered to the residents of Cuyahoga County. In Fiscal Year 2009, (July 1, 2008 to June 30, 2009) we provided funding to address the behavioral health needs of more than 48,000 residents, including 33,217 adults and 15,232 children.

Under Ohio law, the ADAMHS Board is one of 50 boards coordinating the public behavioral health system in the State of Ohio. The ADAMHS Board is a quasi-independent part of Cuyahoga County government, governed by a volunteer board of 18 Directors - four appointed by the Ohio Department of Alcohol & Drug Addiction Services, four by the Ohio Department of Mental Health, and ten appointed by the Cuyahoga County Executive with County Council approval. This Board of Directors has the legal responsibility and authority for the provision of alcohol and other drug addiction treatment and mental health services in Cuyahoga County via its provider agencies. The Board also contracts to provide related services that assist mental health consumers through self-help and peer empowerment.

SEEKING HELP

Residents who seek assistance with an alcohol or other drug emergency, or who need more information about area services may call the **United Way's First Call for Help, 211**, 24-hours a day, seven days a week, for assistance. Residents who require assistance with a mental health emergency for either adults and children, or who have questions about behavioral health services, may call the ADAMHS Board's **24-hour Suicide Prevention, Mental Health Crisis, Information & Referral Hotline at 216-623-6888**, operated by Mental Health Services, Inc.

SCALE: Opening Doors to Treatment for the Uninsured 1-877-236-8676

The SCALE program, operated by Connections: Health•Wellness•Advocacy, is for Cuyahoga County residents, 18 years of age or older who are uninsured, new to the community behavioral health system, and seeking mental health services.

Client Rights Information

If you are a consumer or client and have a complaint or grievance, contact the ADAMHS Board Consumer Relations Specialist **216-241-3400, ext. 826**

BEHAVIORAL HEALTH SERVICES

Definitions adapted from the Ohio Administrative Code.

Alternatives provide opportunities for positive behavior support as a means of reducing risk-taking behavior and reinforcing protective factors through a wide range of social, recreational, cultural and community service/volunteer activities that appeal to youth and adults.

Assessment is a process of gathering information to assess client needs and functioning in order to determine appropriate service/treatment based on identification of the presenting problem, evaluation of mental status, and formulation of a diagnostic impression to determine the need for care, and recommend appropriate services/treatment and/or the need for further assessment.

Case Management activities assist and support individuals in gaining access to needed medical, social, educational and other services essential to meeting basic human needs and may include interactions with family members, other individuals or entities.

Community-Based Process is a prevention strategy that focuses on enhancing the ability of the community to provide prevention services through organizing, training, planning, interagency collaboration, coalition building and/or networking.

Community Psychiatric Supportive Treatment (CPST) is a rehabilitative service intended to maximize the reduction of symptoms of mental illness in order to restore the individual's functioning to the highest level possible.

Consultation Service is a formal and systematic information exchange between an agency and a person other than a client generally occurring prior to admission that is directed towards the development and improvement of individualized service plans and/or techniques involved in the delivery of mental health, alcohol and other drug services, and/or other necessary services.

Counseling, individual, family or group, involves interaction in which the focus is on treatment of the person's mental illness, emotional disturbance and/or alcohol and other drug problems and/or addiction and achieving treatment objectives.

Crisis Intervention provides immediate response to a crisis or emergency situation experienced by a client, family member and/or significant other to safely de-escalate an individual or situation, determine appropriate treatment services, and coordinate the follow through of those services and referral linkages.

Detox Services assist individuals suffering mild to moderate symptoms of withdrawal with twenty-four-hour medical monitoring (sub-acute) or twenty-four hour medically-directed assessment and withdrawal management (acute) for the purpose of alcohol and/or drug detoxification.

Education focuses on affecting knowledge, attitude and/or behavior, including decision-making, refusal skills, critical analysis and systematic judgment abilities through formal presentations made to individuals or groups designed to increase community knowledge and to change attitudes and behaviors.

Employment/Vocational Services help promote recovery by providing training and skill development that is goal-oriented, ability-based, and incorporates individual choice in securing/maintaining employment.

Information Dissemination focuses on building awareness of the nature and extent of mental illness, emotional disturbance and/or alcohol and other drug use, abuse and addiction and their effects on individuals, families and communities, as well as the dissemination of information about prevention, treatment and recovery support services, programs and resources.

BEHAVIORAL HEALTH SERVICES

Intensive Outpatient Treatment is structured individual and group activities and services that are provided at a certified treatment program site for a minimum of eight hours per week with services provided at least three days per week.

Urinalysis detects the presence of alcohol and other drugs. Urinalysis includes laboratory testing and/or urine dip screen.

Medical Somatic Services includes the provision, prescription, or supervision of psychotropic medication or medication required in outpatient treatment of substance abuse addition.

Methadone Maintenance is intended to reduce and even eliminate heroin use among addicts by stabilizing them and helping them avoid previous patterns of drug use.

Outpatient Services provide behavioral healthcare services, including assessment, medication treatment, counseling and partial hospitalization.

Other AOD Services include related addiction services not otherwise classified by the Ohio Administrative Code and may include, but are not limited to, problem gambling treatment and prevention, and HIV/AIDS education and outreach.

Other Mental Health Services can include residential support, therapeutic and specialized foster care, respite services, payee services and transportation services.

Partial Hospitalization provides intensive outpatient services to address the individualized mental health needs for a minimum of two hours and up to a maximum of seven hours each day at a treatment facility.

Pharmacological Management is a psychiatric/ mental health/medical intervention used to reduce/ stabilize and/or eliminate psychiatric symptoms with the goal of improved functioning, including management and reduction of symptoms.

Prevention Services intent is to reduce the incidence, prevalence, progression or severity of AOD and/or mental health or emotional disturbance issues and can target everyone, regardless of level of risk, as well as individuals identified as “at risk,” or who are experiencing problem behavior.

Referral Services respond to inquiries from people, usually by telephone, to obtain services that are either provided by the agency or by another health care organization.

Residential Treatment is a 24-hour rehabilitation facility, with 24-hour-a-day medical/ nursing monitoring, where a planned program of professionally directed evaluation, care and treatment for the restoration of functioning for persons with alcohol and other drug problems and/or addiction occurs.

Self-Help/Peer Support and Consumer-Operated Services means individual or group interactions conducted by persons receiving services, persons who have received services, or their families or significant others, for the purpose of providing emotional support and understanding, sharing experiences in coping with problems, and developing a network of people that provides on-going support outside the formal mental health service system. Drop-in centers, clubhouse programs and the warmline, run by and for consumers, are examples.
