



ADAMHS

BOARD OF CUYAHOGA COUNTY

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES

*Rev. Charlotte Still Noble
Board Chair*

*William M. Denihan
Chief Executive Officer*

IMPROVING LIVES THROUGH WELLNESS, RECOVERY AND INDEPENDENCE

TRAINING INSTITUTE

**Workshop Schedule
Winter 2012**



Improving Lives Through Wellness,
Recovery and Independence

Board of Directors

Rev. Charlotte Still Noble
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Eugenia Cash, MSSA, LSW
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Pastor Charles E. Brown

Marc G. Crosby, MBA

Tatiana Falcone, M.D.

Richard A. Folbert

J. Robert Fowler, Ph.D.

Rev. Benjamin F. Gohlstin, Sr.

Pythias D. Jones, M.D.

Rick A. Kemm, MNO

J. Richard Romaniuk, Ph.D., LISW, LICDC

Ericka L. Thoms

Mary R. Warr, M. Ed.

Anngela Williams

William M. Denihan
Chief Executive Officer

2012 W. 25th Street, 6th Floor
Cleveland, Ohio 44113
ph. (216) 241-3400
fax (216) 861-5067
www.adamhsc.org

IMPORTANT INFORMATION

The Alcohol, Drug Addiction & Mental Health Services (ADAMHS) Board of Cuyahoga County's Training Institute is an approved provider through the Ohio Chemical Dependency Professionals Board and the Ohio Counselor, Social Worker, Marriage and Family Therapist Board offering Recognized Clock Hours (RCH) to Chemical Dependency Professionals as well as Continuing Professional Education hours (CPE) to Counselors, and Social Workers.

Fees for the ADAMHS Board Training Institute workshops are \$25 per half-day (2-4 hour) session and \$45 for a full-day (5+ hour) session. Occasionally, workshops will be offered free on an as-needed basis per topic. Workshop fees are non-refundable. Purchase Orders and personal checks and/or money orders payable to the ADAMHS Board of Cuyahoga County are accepted. All workshop participants must be registered and confirmed in advance. Walk-ups and cash payments will not be accepted.

To register, fill in all requested information and indicate your method of payment on the Registration Form. Mail the completed registration form, along with an enclosed check or money order or a Purchase Order from your agency. Or, you may fax the form to (216) 861-5067 and mail payment separately. You may also complete the interactive Registration Form available in the electronic version of the Workshop Schedule found on the ADAMHS Board web site, www.adamhsc.org, return it by fax or email and mail payment separately. All methods of payment must be received in advance of the workshop.

All confirmed registrants will receive written confirmation from the ADAMHS Board Training Institute. If you do not receive written confirmation, you are not registered and will not be admitted to training sessions. If you are confirmed for a workshop but cannot attend, please notify the Training Institute as soon as possible. Refunds will not be issued.

Please arrive on time for all scheduled workshops. If you arrive late to a workshop you will not receive a certificate. Partial credit will not be given. In order to receive a certificate of completion, you must be present for the entire workshop.

General Information:

All workshops are held in the Training Institute, located in the ADAMHS Board offices on the 6th Floor of the United Bank Building, 2012 West 25th Street. Fee parking is available on a first-come, first-served basis. All visitors must check-in at the blue Parking Attendant Booth located in the lot directly behind the building on the east side of West 26th Street. Visitors are to inform the attendant that they are visiting the ADAMHS Board and will be directed to available parking spaces. Some visitors may be directed to the lot on the corner of West 26th and Chatham Avenue, and others may receive a validated parking ticket and be required to park in dedicated spaces in the Westside Market lot off of Market Avenue and West 24th Street. Free and metered parking is also available on the street.

If participants wish to speak with a member of the ADAMHS Board staff while on break, at lunch, or before/after the training session, please ask the receptionist at the 6th floor reception desk to contact him/her. Alert Training Institute Staff of any emergency.

Participants must meet the minimum education level and credential requirements indicated:

OPEN LEVEL	Open to anyone seeking the most basic understanding/awareness of the topic presented.
ENTRY LEVEL	Registrants must be Certified Chemical Dependency Assistants, Registered Applicants for Prevention, a Social Worker Assistant or STNA
INTERMEDIATE LEVEL	Registrant must be a Licensed Chemical Dependency Counselor II, Licensed Social Worker, or Licensed Professional Nurse
ADVANCED LEVEL	Registrants must be Professional Counselors, Professional Clinical Counselors, Licensed Independent Social Workers, Licensed Chemical Dependency Counselor III's, Licensed Independent Chemical Dependency Counselors, Registered Nurses, a D.O. or M.D. or have a Ph.D. in Psychology, Counseling or Human Services

For Recognized Clock Hours (RCH) and Continuing Professional Education hours (CPE), refer to the following codes:

- C -- Chemical Dependency Specific
- R -- Related to the Chemical Dependency Field
- S -- Clinical Supervision
- D -- Diagnostic Training
- P -- Prevention Specific

Example: 2.75 RCH 06-0709-17PVN-CD

Crisis De-Escalation

Roberta Taliaferro, LPCC-S

Tuesday, January 24, 2012

8:30 A.M. – 11:45 A.M.

OPEN

3 RCH's 06-1113-17PVN-RPS

3 CPE's Provider # RCS110677

FEE: \$25

This workshop teaches all aspects of de-escalating a crisis, including covering the reasons that someone might escalate levels of violence and assessing risk to the staff and the client. We cover awareness, preparedness and verbal techniques that help to de-escalate a situation. Lastly we go over a staff person's duty to warn.

So You Don't Say

Recognizing the Power of the Spoken Word

Sheila Thomas, MSW, LSW

Friday, January 27, 2012

8:30 A.M. – 11:45 A.M.

OPEN

3 RCH's 06-1113-17PVN-RPS

3 CPE's Provider # RCS110677

FEE: \$25

SO YOU DON'T SAY -- Are your thoughts and actions negatively affecting your life? How many times per day you do think about something bad happening to you? Are you speaking phrases like "my life will never change or that kind of stuff always happens to me." If this sounds like you, then you are in the right place -- this workshop was designed with you in mind. You will learn how powerful thoughts and words really are. You will be taught to capture negative thoughts and replace them with positive thoughts and images. Lastly, you will leave this workshop with your own set of positive, power packed affirmations that will help to transform your life.

Strategic Prevention Framework

Karen Kimbrough, LCDC-II

Tuesday, January 31, 2012

8:30 a.m. – 4:00 p.m.

OPEN

6 RCH's 06-1113-17PVN-PS

6 CPE's Provider #RCS110677

FREE: For Prevention Staff

FEE: \$45

The Strategic Prevention Framework (SPF) is a planning process comprised of five phases set forth by the Substance Abuse and Mental Health Services Administration (SAMHSA) to assist communities in building a solid foundation for delivering and sustaining effective substance abuse prevention. The SPF requires communities are required to systematically: (a) assess their prevention needs based on epidemiological data; (b) build their prevention capacity; (c) develop a strategic plan; (d) Implement effective community prevention programs, policies and practices and

(e) evaluate their efforts for outcomes. This workshop will describe the five steps of SAMHSA's strategic framework by helping participants to understand the basic components of completing each step. Participants will understand CSAP and NIDA prevention principals and how a prevention program can be enhanced using these principals. An overview of key definition related to culture and diversity will allow participants to share parts of their culture and learn about parts of others culture too.

Creative Interventions:

Adults and Adolescents in Recovery

Carrie Burick, ATR, PCC

Friday, February 3, 2012

8:30 A.M. – 3:30 P.M.

INTERMEDIATE

5.5 RCH's 06-1113-17PVN-R

5.5 CPE's Provider # RCS110677

FEE: \$45

This workshop is for professionals in the helping field including counselors, social workers, mental health professionals and treatment providers in any setting. The purpose of this workshop is to help clinical professionals understand the benefits of creative interventions with clients individually and in a group setting. The interventions taught can be used for children, adolescents and adults. The benefits of using art, writing and grounding exercises are taught and then participants will have a hands on approach with each activity. Examples of how creativity can be used with clients dealing with difficult feelings and thoughts through the recovery process will be shown. This is a fun and interactive workshop where participants will walk away with many creative interventions to enhance their clinical practice.

IF YOU CANNOT ATTEND A WORKSHOP

FOR WHICH YOU ARE CONFIRMED,

PLEASE CALL TONYA BIRNEY,

ADAMHS BOARD TRAINING OFFICER,

AT (216) 241-3400.

No refunds will be provided.

Participants who were denied admission to a closed workshop will be placed on a waiting list and granted admission in the event of a cancellation.

Wait-listed individuals will be contacted in the order in which the requests were received.

Nicotine Addiction: The Final Frontier

Laura Loew, BA, Certified Tobacco Treatment Specialist

Tuesday, February 21, 2012

8:30 A.M. – 11:45 A.M.

ENTRY

5.5 RCH's 06-1113-17PVN-R ■ ■

5.5 CPE's Provider # RCS110677

FEE: \$25

For most people with substance abuse disorders, tobacco use/nicotine addiction is usually the last to “go.” This half-day evidence-based workshop, presented by a Certified Tobacco Treatment Specialist, is aimed at clinicians who want to help clients quit using tobacco. Learn more about nicotine addiction, tobacco's effect on the body and brain, stress and coping, medications to help quit tobacco use, contraindications for medications, and best practices for helping clients with effective quit planning to STAY quit this time.

Risk Assessment for Violence and Suicide

Phillip J. Resnick, MD

Friday, February 24, 2012

8:30 A.M. – 4:00 P.M.

OPEN

6 RCH's 06-1113-17PVN-RD ■ ■

6 CPE's Provider # RCS110677

FEE: \$45

This workshop is designed to provide a practical map through the minefield of uncertainty in the prediction of suicide and violence toward others. Recent research will be presented on the assessment of risk for violence and suicide. Dangerousness will be discussed in persons with psychosis, mania and depression. Special attention will be given to persons with paranoid delusions, command hallucinations, erotomania, premenstrual tension, and homosexual panic. Techniques will be demonstrated in the elucidation of violent threats and “perceived intentionality.”

Understanding Hoarding Behaviors

Keith Brown, Ph.D., PCC-S & Bert Rahl, MSSA, LISW-S

Tuesday, February 28, 2012

9:30 A.M. – 11:45 A.M.

OPEN

2 RCH's 06-1113-17PVN-R ■

2 CPE's Provider # RCS110677

FEE: \$25

This presentation is designed to inform attendees regarding hoarding and hoarding behaviors. This presentation will cover basic information regarding current definitions, diagnoses, and best practices for those who hoard as well as identify where to begin to get help.

FREE OFFERING for Prevention Staff

Strategic Prevention Framework

Karen Kimbrough, LCDC-II

Ohio Department of

Alcohol and Drug Addiction Services

Tuesday, January 31, 2012

8:30 a.m. – 4:00 p.m.

OPEN

6 RCH's 06-113-17PVN-PS ■ ■

6 CPE's Provider #RCS110677

FREE: For Prevention Staff

The Strategic Prevention Framework (SPF) is a planning process comprised of five phases set forth by the Substance Abuse and Mental Health Services Administration (SAMHSA) to assist communities in building a solid foundation for delivering and sustaining effective substance abuse prevention.

The SPF requires communities are required to systematically: (a) assess their prevention needs based on epidemiological data; (b) build their prevention capacity; (c) develop a strategic plan; (d) Implement effective community prevention programs, policies and practices and (e) evaluate their efforts for outcomes.

This workshop will describe the five steps of SAMHSA's strategic framework by helping participants to understand the basic components of completing each step. Participants will understand CSAP and NIDA prevention principals and how a prevention program can be enhanced using these principals. An overview of key definition related to culture and diversity will allow participants to share parts of their culture and learn about parts of others culture too.



Trauma & Addiction: Supporting Survivors With Dual Recovery

Kirsti Mouncey, LISW-S, LCDC-III

Tuesday, March 6, 2012

8:30 A.M. – 4:00 P.M.

INTERMEDIATE

6 RCH's 06-1113-17PVN-R ■■

6 CPE's Provider # RCS110677

FEE: \$45

We have evidence today that there is a strong link between various forms of addictions and trauma related disorders. What often begins as coping with trauma symptoms turns into the disease of addiction for over 75% of women and men who have experienced sexual abuse and violence. This interactive workshop will address the confusion and treatment struggles practitioners often face when working with addicted survivors of trauma; teach how to increase the chances of success for clients by utilizing tools, evidenced based model and programs that seek to treat these complaints.

Understanding Resiliency

Curtis Donald, LPC, LICDC

Wednesday, March 7, 2012

8:30 A.M. – 1:00 P.M.

OPEN

4 RCH's 06-1113-17PVN-RP ■■

4 CPE's Provider # RCS110677

FEE: \$25

Ever wonder why some people are able to bounce back from adversity, while others seem immobilized by life's challenges? Everyone seems to possess some personal characteristics that enable them to deal with the "existential givens of life". However, we must be able to recognize, access, and utilize the tools that we have in order to deal with life's most difficult challenges. Whether the challenges are weight loss, addictions, grief, or the positive challenges of having a new baby or getting a new job, we may find it necessary to bounce back and equilibrate ourselves.

Ethics 2012 Update

Bob Garrity JD, LISW-S, LICDC

March 13, 2012

8:30 A.M. – 11:45 A.M.

INTERMEDIATE

3 RCH's 06-1113-17PVN-RPS ■■■

3 CPE's Provider # RCS110677

FEE: \$25

Concentration in this ethics training course includes but is not limited to understanding how ethical considerations are developed. The negative consequences of unethical behavior will be examined. Case studies highlighting regulatory considerations and consequences stemming therefrom will be examined.

The Lure and Danger of Prescription Drug Abuse

Bob Garrity JD, LISW-S, LICDC

Tuesday, March 27, 2012

8:30 A.M. – 4:00 P.M.

OPEN

6 RCH's 06-1113-17PVN-CP ■■

6 CPE's Provider # RCS110677

FEE: \$45

The rise of prescription drug abuse in the last decade has broken all previous records. Purity, availability and knowledge about these drugs have enabled them to become abused by all ages and socioeconomic classes. The origin of abuse and attempts to control diversion will be discussed, as well as case studies and current prevention and treatment models.



**Interested in being a presenter?
Call Tonya Birney, ADAMHS Board
Training Officer,
(216) 241-3400 ext. 813.**

Presenter Information

Keith Brown, Ph.D. LPCC-S, has been the Assistant Director of Mental Health for over 5 years at the Benjamin Rose Institute on Aging, Eldercare Services Institute. In this capacity Dr. Brown has provided direct supervision to the case management team, assist in the overall operations of the Mental Health Case Management team, provide management oversight of overall planning, service delivery, and administration responsibilities, assist in the development and follow-through on budgetary expectations, and provide program evaluation as well as develop program protocols and procedures. Currently, Dr. Brown is also the Co-Chair of the Hoarding Connection of Cuyahoga County. Dr. Brown has provided several CEU trainings over the past 5 years, including multiple presentations on Hoarding to a variety of people, including county and city official as well as providers. Dr. Brown received his Doctorate in 2009 in Counseling Education and Supervision from The University of Akron, Master's in Counseling from John Carroll University in 1999, and Bachelor's in Psychology from Ursuline College in 1997.

Carrie Burick, MA, ATR, PCC is a registered art therapist and licensed clinical counselor. She is currently in private practice and specializes in trauma, addictions, expressive therapies, self-care and wellness approaches for adolescents and adults individually and in groups. She has been working in the anti-violence field for over twelve years and was the Adult Therapeutic Services Coordinator of the Cleveland Rape Crisis Center. Carrie is a graduate of the Gestalt Training Program and the advanced training in physical process work. She provides workshops and trainings for social service providers, clients and caregivers. She is a partner in, ThreeCircles, LLC which offers professional trainings, supportive supervision, corporate wellness and self-care tools.

Curtis Donald, LPC, LICDC is a native of Cleveland, Ohio, who attended Cleveland Public Schools and Cuyahoga Community College, earning an Associates of Arts Degree in General Studies he went on to complete a Bachelors of Arts Degree in psychology and dual Masters Degrees in Community Health Education and Community Agency Counseling at Cleveland State University. Curtis is a Licensed Professional Counselor

(LPC) and a Licensed Independent Chemical Dependency Counselor (LICDC) in the state of Ohio specializing in providing treatment for dually diagnosis clients. Curtis has over 27 years of experience as health professional where he has worked in hospital psychiatric settings, chemical dependency treatment centers, DUI intervention programs, public schools, and outpatient community mental health agencies.

Bob Garrity JD, LISW-S, LICDC, received his B.S. in Pharmacy from The University of Wisconsin-Madison (1982), and was a pharmacist for 15 years. He then earned his J.D. from Cleveland-Marshall College of Law (1999). Bob is admitted to practice law in Ohio, and the U.S. District Court, N.D. Ohio. He is a member of the Ohio State Bar Association, and maintains a law practice concentrating on administrative and criminal law. Bob is also a Licensed Independent Chemical Dependency Counselor (LICDC) and an Internationally Certified Clinical Supervisor. He received his Masters in Social Work from Cleveland State University in 2006, and is a Licensed Independent Social Worker - Supervision Designation (LISW-S). With these credentials, Bob works with clients who struggle with chemical dependency and mental health issues.

Karen Kimbrough, LCDC II, is the Northeast Regional Prevention Coordinator at the Ohio Department of Alcohol and Drug Addiction Services (ODADAS). One of her lead responsibilities at ODADAS is Tobacco Prevention. She has served on several state-wide committees and workgroups addressing Tobacco Control, Policy and Prevention around the state of Ohio. She is a member of the Tobacco Free Ohio Alliance formerly known as the Ohio Tobacco Resource Control Group. She was a member of the Cross-Cultural Tobacco Control Group that addressed disparities among special populations of people. She served as a member on the prevention workgroup to address one of the goals of the Ohio Comprehensive Tobacco Use Prevention Strategic Plan (developed by various organizations with an interest in tobacco control) to reduce tobacco use in Ohio. She provides technical assistance and consultation to Alcohol Drug Addiction and Mental Health Boards and Provider agencies of prevention programs in the Northeast region of Ohio to advance evidence based prevention/treatment policies, programs, strategies and practices. Assists in

the development, approval, evaluation and monitoring of the departments grants processes. Represents the Department at state, county and local level meetings, task forces, committees and seminars related to AOD prevention, provides AOD prevention presentations at meetings and workshops. She has worked in the field of Treatment and Recovery for the past 20 years. She held several positions in the private and state sectors working primarily as a Substance Abuse Counselor.

Laura Loew, BA, Certified Tobacco Treatment Specialist is the President of Smash the Ash! She and her staff facilitate tobacco cessation classes at companies throughout Northeast Ohio and beyond. She has a passion for helping others quit tobacco use and has helped over 475 people quit to date. Her presentations are positive and energetic and she believes that everyone CAN quit smoking with evidence-based strategies including treatment and support. Laura holds a Bachelors of Arts Degree from Kent State University and also serves as the Primary Prevention Chair for the American Cancer Society in Medina, Ohio.

Kirsti Mouncey, LISW-S, LCDC-III has served as the Vice President of Client & Clinical Services for Cleveland Rape Crisis Center (CRCC) since September 2009. She has been with the organization for 6 years in the previous roles of Trauma & Addictions Therapist and Clinical Director. Kirsti oversees the operations of the therapeutic, justice system and hospital advocacy services, as well the 24-hour crisis and support hotline of CRCC. In this capacity she engages in program development, staff development, administrative and clinical supervision. Kirsti's work experience over the past 10 years further includes people with mental illness, addictions, homelessness, domestic violence and human trafficking. Ms. Mouncey has extensive experience in the victim services and advocacy arena, having worked directly with hundreds of survivors of sexual violence and developing effective education and outreach programs that reflect best practices. Ms. Mouncey provides training, consultation and supervision to many others in the field and has spoken to a wide variety of audiences regarding the impact of sexual violence on the survivor; trauma informed care; trauma & addictions; and best practice service delivery models. Kirsti holds a Master's degree in Social Work from CSU.

Norbert S. Rahl, MSSA, LISW-S, is Director of the Mental Health Program at Eldercare Services Institute, LLC. Mr. Rahl has been employed at the Benjamin Rose Institute for the last 35 years. For the first 30 years, Mr. Rahl worked initially as a Social Worker and then became a Mental Health Case Manager. He assumed the position of Assistant Director of Mental Health Services in 2004 and was promoted to Director

in 2006. Mr. Rahl obtained his Bachelor's Degree from the Pennsylvania State University with a degree in Individual and Family Studies with an emphasis in Gerontology. He obtained his Master of Science in Social Administration with an emphasis in Mental Health from Case Western Reserve University in 1994. Mr. Rahl has had extensive clinical experience working with mentally ill clients in both individual and group settings. Primarily using evidenced based practices such as Cognitive Behavioral Therapy and Illness Management Recovery, he has worked with individuals suffering from severe mental illness, such as schizophrenia, bipolar disorder, psychotic disorders and personality disorders. As director of the Mental Health program, he is responsible for program evaluation and technical expertise of the program staff. Mr. Rahl was also a key representative in assisting the agency to become certified by the Commission on Accreditation of Rehabilitation Facilities (CARF). Mr. Rahl sits on several committees including The Council of Agency Directors, The Suicide Prevention Committee of the ADAMHS Board of Cuyahoga County, The Hoarding Connection of the ADAMHS Board, The Adult Protective Services Steering Committee and the Mental Health Advocacy Committee. Mr. Rahl also sits on the Board of the Supplemental Care Services Association.

Phillip J. Resnick, MD is a Professor of Psychiatry and Director, Division of Forensic Psychiatry at Case School of Medicine in Cleveland, Ohio. Dr. Resnick served as a consultant in many high profile cases, including those of Jeffrey Dahmer, Susan Smith, Timothy McVeigh, Andrea Yates, Scott Peterson, Theodore Kaczynski, the Unabomber, and Brian Mitchell, the kidnapper of Elizabeth Smart. Dr. Resnick has published over 150 articles and book chapters. He has lectured in 49 states and over 20 countries.

Roberta Taliaferro, LPCC-S has been in the field of community mental health since 1978 and has served in various capacities as a case manager, counselor, emergency services worker, intake specialist and both middle and senior management. Ms. Taliaferro has been training behavioral health professionals for over 20 years, and planned in implemented a number of program to include an Asian Program, school based programming, and a program to serve at risk teens.

Sheila Thomas, MSW, LSW is a licensed social worker with a current practice focus in senior/geriatric services. Her practice includes conducting baseline assessments, mental status testing and evaluation, developing and implementing treatment plans and providing counseling and referral services to individuals with emotional and behavioral problems and their family members/ caregivers.

REGISTRATION FORM

Name: _____ Agency Name: _____

Work or Home Address: _____ City: _____ State: _____ Zip: _____


Present Position: _____ Work/Cell Phone#: _____

Credential/Licensure: _____ Area of Specialty: Prevention Counseling Other

E-mail Address: _____ Please send future schedules to my e-mail address.

I prefer to be mailed a hard copy.

Crisis- De-Escalation
January 24, 2012 Fee: \$25 

SO YOU DON'T SAY: Recognizing the Power of the Spoken Word
January 27, 2012 Fee: \$25 


Strategic Prevention Framework
January 31, 2012 Fee: \$45 
FREE for Prevention Staff

Creative Interventions:
Adults & Adolescents in Recovery
February 3, 2012 Fee: \$45 

Nicotine Addiction: The Final Frontier
February 21, 2012 Fee: \$25 

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February 24, 2012 Fee: \$45 

Understanding Hoarding Behaviors
February 28, 2012 Fee: \$25 

Trauma & Addiction: Supporting Survivors with Dual Recovery
March 6, 2012 Fee: \$45 

Understanding Resiliency
March 7, 2012 Fee: \$25 

All workshops are held
in the ADAMHS Board Training Institute
2012 W. 25th Street, 6th Floor.

Facilities are wheelchair accessible. Please indicate any special needs below. Check all that apply:

- Hearing
 Amplification Interpreter (choose one)
 ASL PSE SEE Oral CART
- Visual
 Close/Front Seating Enlarged Course Materials
- Other _____

Ethics 2012 Update:
March 13, 2012 Fee: \$25 

The Lure & Danger of Prescription Drug Abuse
March 27, 2012 Fee: \$45 

Methods of Payment:

I am paying with a personal check or money order made payable to the ADAMHS Board of Cuyahoga County.

I have a Purchase Order from my agency.
P.O. Number _____

Please note: Fees are nonrefundable.

Return this completed form by fax to Tonya Birney at (216) 861-5067 and mail payment separately, or return the completed form by mail with your payment enclosed, to:

Tonya Birney
ADAMHS Board of Cuyahoga County
2012 W. 25th Street, 6th Floor
Cleveland, Ohio 44113