



Training Schedule

Client Artwork entitled Tiger by Kim.

The White Tiger is a Bengal Tiger. As with all tigers, the white Bengal tiger's stripes are like fingerprints, with no two tigers having the same pattern - just like all humans are unique.



ADAMHS

BOARD OF CUYAHOGA COUNTY

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES

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TRAINING INSTITUTE

Winter 2018

Training Schedule

IMPROVING LIVES THROUGH WELLNESS, RECOVERY AND INDEPENDENCE

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Cleveland, Ohio 44113
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www.adamhscc.org

IMPORTANT INFORMATION!

The Alcohol, Drug Addiction & Mental Health Services (ADAMHS) Board of Cuyahoga County Training Institute is an approved provider through the Ohio Chemical Dependency Professionals Board and the Ohio Counselor, Social Worker, Marriage and Family Therapist Board offering Recognized Clock Hours (RCH) to Chemical Dependency Professionals as well as Continuing Professional Education hours (CPE) to Counselors and Social Workers.

Fees for the ADAMHS Board Training Institute workshops are \$25 per half-day (2-4 hour) session and \$45 for a full-day (5+ hour) session. Occasionally, workshops will be offered free on an as-needed basis per topic. Workshop fees are non-refundable.

The ADAMHS Board uses Eventbrite to process ALL registrations. **Payment must be made by credit card. Invoices may be sent to organizations.** All workshop participants must be registered and confirmed in advance through Eventbrite. An order confirmation and entrance ticket to the workshop will be e-mailed through Eventbrite immediately after the registration process is complete. Walk-ups and cash payments will not be accepted.

To register for a workshop, visit the Web site listed at the end of each workshop description. Please note that each session has its own unique Web address. If you want to attend more than one session, you must register for each session individually through its unique Web site. **If you are requesting CEUs and/or RCHs, you must provide your license number to complete your registration. Your license number is necessary for the Board to provide information to CE BROCKER.** To find out more about CEBROCKER visit www.cebroke.com.

Please arrive on time for all scheduled workshops. If you arrive late to a workshop you will not receive a certificate. Partial credit will not be given. In order to receive a certificate of completion, you must be present for the entire workshop.

General Information:

All workshops are held in the Training Institute, located in the ADAMHS Board offices on the 6th Floor of the United Bank Building, 2012 West 25th Street. Free parking is available on a first-come, first-served basis. All visitors must check-in at the Parking Attendant Booth located in the lot directly behind the building on the east side of West 26th Street. Visitors are to inform the attendant that they are visiting the ADAMHS Board and will be directed to available parking spaces or may receive complimentary valet parking. Please bring the ticket provided to you from the attendant to the ADAMHS Board receptionist for validation. Free and metered parking is also available on the street.

Participants must meet the minimum education level and credential requirements indicated:

OPEN LEVEL	Open to anyone seeking the most basic understanding/awareness of the topic presented.
ENTRY LEVEL	Registrants must be Certified Chemical Dependency Assistants, Registered Applicants for Prevention, Social Worker Assistant or STNA.
INTERMEDIATE LEVEL	Registrant must be a Licensed Chemical Dependency Counselor II, Licensed Social Worker, or Licensed Professional Nurse.
ADVANCED LEVEL	Registrants must be Professional Counselors, Professional Clinical Counselors, Licensed Independent Social Workers, Licensed Chemical Dependency Counselor III's, Licensed Independent Chemical Dependency Counselors, Registered Nurses, a D.O. or M.D. or have a Ph.D. in Psychology, Counseling or Human Services.

The Ohio Chemical Dependency Professionals Board is now requiring providers to list courses through CE Brocker.

To review the RCH education classifications for the workshops in the brochure, please log on to your CE Broker Account.

Texting, Sexting, Addiction & the World of the Internet

John Ward, LCDC III, CTS

January 17, 2018

8:30 A.M. – 4:00 P.M.

Entry

6 RCH's Provider #50-17837

6 CEU Provider # RCS110677

FEE: \$45

The average American teenager sends and receives more than 3,000 text messages per month, not to mention the hours they spend on the computer socializing with their peers. By educating yourself about the digital technology used by today's teens, you will be equipped with the knowledge of how to protect yourself and teens in a world where nothing is ever private. Additionally, you will be more informed on the rising phone and social media addiction rates among teens and adults and learn everything teens are doing on both their phones and their computers. Other topics addressed will include sexting, online predators, cyber bullying, and apps that help keep social workers, counselors, adults and teens safe.

To register for this session, please use Eventbrite. Click this link:

<https://adamhscwinter20181.eventbrite.com>

Supervision in a Multi-Disciplinary Environment

Renita C. Allen, MSSA, LISW-S

January 19, 2018

8:30 A.M. – 4:00 P.M.

Open

6 RCH's Provider #50-17837

6 CEU Provider # RCS110677

FEE: \$45

Supervision is forever evolving. Accepting a supervisor position means being equipped to address the various organizational and professional changes that occur within systems. Supervisee's no longer represent just one professional group. Today, supervisors are responsible for clinicians and practitioners representing a variety of professional disciplines. Are you equipped to address the ethical, educational and cultural requirements of your employees?

To register for this session, please use Eventbrite. Click this link:

<https://adamhscwinter20182.eventbrite.com>

Professional Ethics

Renita C. Allen, MSSA, LISW-S

January 29, 2018

8:30 A.M. – 4:00 P.M.

Open

6 RCH's Provider # 50-17837

6 CEU Provider # RCS110677

FEE: \$45

Professional responsibility, personal needs and maintaining one's professional licensure all involve one important factor being ethical. Personal ethics vs professional ethics can sometimes come in conflict placing one in an ethical dilemma. The way in which one handles these dilemmas can be the deciding factor in one being viewed as a competent professional or being classified as unethical and subject to disciplinary action. This workshop will help one to learn how to protect their professional reputation and license.

To register for this session, please use Eventbrite. Click this link:

<https://adamhscwinter20183.eventbrite.com>

Distinguishing Between Developmental Disabilities, Substance Abuse & Mental Health Issues & the Impact on Parenting

Paul Martin, DO

January 31, 2018

8:30 A.M. – 4:00 P.M.

Entry/Intermediate

6 RCH's Provider # 50-17837

6 CEU Provider # RCS110677

FEE: \$45

Developmental Disabilities are often un or misdiagnosed in individuals who abuse substances and have a mental health concern. Making the distinction between intellectual or developmental disabilities, substance abuse and mental health maladies can be a daunting task even for an experienced clinician. We will use as a template for our discussion, fetal alcohol syndrome, the leading causes of mental retardation in the western world. Fetal alcohol syndrome classically illustrates the convergence and intersection of intellectual disabilities, substance abuse and mental health issues in children, adolescents, as well as adults. The hallmarks of this disorder are developmental, functional and physical deficits which profoundly impact judgement, impulse control, memory, and the ability to conceptualize, internalize and structure time. Because they are frequently unable to internally structure time, parents with fetal alcohol syndrome frequently don't keep appointments or follow through on instructions. They may not remember when they last ate, and more importantly, when their children last ate.

To register for this session, please use Eventbrite. Click this link:

<https://adamhscwinter20184.eventbrite.com>

Working with Individuals and Groups

Effected by Trauma

Amy Burzinski, MSW, LISW-S

February 13, 2018

8:30 A.M. – 4:00 P.M.

Open

6 RCH's Provider #50-17837

6 CEU's Provider # RCS110677

FEE: \$45

This workshop provides information on the key terms and concepts of crisis intervention and critical incident stress management. The course will educate participants on the common psychological/behavioral reaction associated with traumatic stress, general stress, cumulative stress, critical incident stress and posttraumatic stress disorder. This course will define types and characteristic of crisis and research based crisis intervention practices for individuals and group experiencing traumatic situations.

To register for this session , please use Eventbrite. Click this link:

<https://adamhscwinter20185.eventbrite.com>

Ending The Trends: Exposing America's Invisible Thief

James Joyner, LICDC-CS

February 21, 2018

8:30 A.M. – 4:00 P.M.

Entry/Intermediate

6 RCH's Provider #50-17837

6 CEU Provider # RCS110677

FEE: \$45

In most communities across America people are talking about and sounding the alarm regarding the "opiate epidemic" and the related death toll. Yet this not a new concern, we have experienced similar alarms sounded in our past history for alcohol, cocaine and other drugs. This presentation is intended to put a face on "America's Invisible Thief" and move us away from talking about the latest drug use "consequences" to focusing on our "thinking" and what we can do as individuals, families and as a larger community to end the cycle.

To register for this session , please use Eventbrite. Click this link:

<https://adamhscwinter20186.eventbrite.com>

Bullying a Mental Health Perspective

Paul Martin, DO

February 23, 2018

8:30 A.M. – 4:00 P.M.

Entry/Intermediate

6 RCH's Provider #50-17837

6 CEU's Provider # RCS110677

FEE: \$45

"There have been bullies since there have been playgrounds." In this workshop we will take an in-depth look at bullying in the 21st century. We will explore the various types of bullying to include, school, workplace and cyberbullying, and examine characteristics of bullies and bully accomplices. Finally, we will examine the effects of bullying on the perpetrator as well as his targets, and then discuss real world solutions to bullying.

To register for this session , please use Eventbrite. Click this link:

<https://adamhscwinter20187.eventbrite.com>

An Introduction to the Inner World of Incest Survivors and Tips to Reestablishing their Psychological Health

Natalie Whitlow, Ph.D.

March 7, 2018

8:30 A.M. – 4:00 P.M.

Intermediate/Advanced

6 RCH's Provider #50-17837

6 CEU Provider # RCS110677

FEE: \$45

The focus of this workshop is the taboo subject of incest. We will gain a clear understanding of incest, will explore diversity issues related to incest, and will identify the most common offender-victim incest relationships. Participants will learn about the holistic effects of incest and understand how they translate into clinical symptoms and diagnoses. Participants will learn a variety of effective treatment approaches, including a systems theory approach, to effectively work with incest.

To register for this session , please use Eventbrite. Click this link:

<https://adamhscwinter20188.eventbrite.com>

Child and Adolescent Psychiatric Disorders

Paul Martin, DO

March 16, 2018

8:30 A.M. – 4:00 P.M.

**Intermediate/Advanced
6 RCH's Provider #50-17837
6 CEU Provider # RCS110677**

FEE: \$45

The number of children and adolescents with serious emotional disturbance with functional impairment ranges between 10-20%. We will examine the psychiatric disorders seen in children/adolescents and review the warning signs of mental health disturbance in children as well as treatment modalities.

*To register for this session, please use Eventbrite. Click this link:
<https://adamhscwinter20189.eventbrite.com>*

"I love Them, Why Can't I Fix Them?"

James Joyner, LICDC-CS

March 20, 2018

8:30 A.M. – 12:00 P.M.

**Entry/Intermediate
3.25 RCH's Provider #50-17837
3.25 CEU Provider # RCS110677**

FEE: \$25

Each one of the hundreds of deaths reported weekly in the media across America related to the use, abuse and or addictive consumption of alcohol and other drugs and substances represents more than just the tragic loss of life. They represent the sons and daughters, father and mother, friends and coworkers left struggling with the many thoughts and questions of what they could have done to prevent it. This presentation will help participants understand the subtle and overt impact of a loved one's progressively destructive addictive behaviors on the family. We will consider why parents especially have difficulty maintaining healthy boundaries when the addict is their child. We will consider the value and role family members can have in their loved one's recovery including knowing the symptoms of their own behavioral relapse.

*To register for this session, please use Eventbrite. Click this link:
<https://adamhscwinter201810.eventbrite.com>*

**IF YOU CANNOT ATTEND A WORKSHOP
FOR WHICH YOU ARE CONFIRMED,
PLEASE CALL SCOTT OSIECKI,
CHIEF OF EXTERNAL AFFAIRS,
AT (216) 241-3400, EXT. 814.**

No refunds will be provided.

Participants who were denied admission to a closed workshop will be placed on a waiting list and granted admission in the event of a cancellation.

Wait-listed individuals will be contacted in the order in which the requests were received.

STAY IN TOUCH WITH US!

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If you have any questions, call Scott Osiecki, Chief of External Affairs at 216-241-3400, ext. 814, or at osiecki@adamhsc.org.

Presenter Information

Renita C. Allen, MSSA, LISW-S, serves as proprietor of Renita C. Allen, MSSA, LISW-S: Private Clinical Practice, Consulting and Training Services. Renita Allen has 35 years of progressive upper management and clinical experience. Allen has completed two post graduate fellowships one in Community Health Care Administration and Policy and the other in Educational Policy. Currently she is licensed by the State of Ohio as a Supervising Independent Social Worker. Ms. Allen currently is on the faculty of Cleveland State University, School for Social Work and The University of Akron School of Social Work. She is a program developer, community organizer, advocate, clinician, educator and administrator. She is used as a trainer and consultant on direct practice with individuals, families, and groups, supervision and administration, and field instruction. Ms. Allen's clinical expertise ranges across the life cycle. Focus in the areas of infant mortality and morbidity, juvenile justice, mental health, chemical dependency, perinatal substance abuse, health and wellness, emotional wellness and geriatric behavioral health.

Amy Burzinski, MSW, LISW-S, has over 23 years of experience in human services. Amy's experience includes working with individuals and families in hospitals, employee assistance programs, outpatient treatment programs and school and camp settings. Amy served as the coordinator for a victim services agency in New York in which she worked with women and families affected by domestic violence as well as training physicians and medical staff how to identify, document and refer victims of domestic violence. Amy also writes a website on bullying prevention www.bullyingpreventioninjds.com and presents workshops throughout the U.S.

Presenter Information (continued)

James Joyner, LICDC-CS, ICCS, is a master's level Licensed Independent Chemical Dependency Counselor Clinical Supervisor (LICDC-CS) certified by the Ohio Chemical Dependency Professional Board and an Internationally Certified Clinical Supervisor (ICCS). He has 43 years of professional experience working in the field of alcohol and other drug prevention, treatment, and training. Mr. Joyner is founder and director of Joyner and Associates LLC which provides intervention, consultation, education and counseling services for parents and others who are concerned about a loved one's alcohol and other drug use, misuse or addiction. Over his career he has provided educational and consultative services for a variety of organizations, associations and institutions which include: Cuyahoga County Juvenile Court, MADD of Northeastern Ohio, County Auditors' Association of Ohio, Guardian ad Litem Project of the Cleveland Metropolitan Bar Association, and the Ohio Chapter American Academy of Matrimonial Lawyers. Jim has received numerous proclamations and awards for his prevention, training and advocacy efforts including the Cuyahoga County's Employee Red Ribbon Program Presenter Recognition (1993-2000), the Alcohol and Drug Addiction Prevention Association of Ohio (ADAPAO) Prevention Award For Excellence In Public and Organizational Policy 2003, Mothers Against Drunk Driving (MADD) Exceptional Achievement Award 2005, Ohio Association of Alcohol and Drug Addiction Counselors (OAADAC) Advocate of the Year Award 2008 and the Northeast Ohio Recovery Association and ADAMHS Board of Cuyahoga County's Cuyahoga County Advocate Award 2013. Mr. Joyner believes that the consequences associated with the use of alcohol, tobacco and other drugs represent the single greatest negative factor on the quality of life that touches every man, woman, and child in this country today. He further believes that through effective education, prevention, and low risk life style choices these problems can be arrested. He is dedicated to that belief.

Dr. Paul Martin, DO, completed a residency in psychiatry at Case/Metrohealth and a fellowship in Forensic Medicine, Syracuse University. In addition to several years as a staff psychiatrist working in jails, crisis centers and prisons, he has served as consultant to State of Wisconsin public defenders regarding competency issues. As a consultant he has presented throughout the states of New York, Pennsylvania and Ohio to social services, law enforcement, probation, school personnel, businesses and universities on topics of mental health issues, stress and violence in the workplace, and adolescent violence.

John Ward, LCDC III, CTS, holds a Master's Degree in counseling and is a licensed Chemical Dependency Counselor III and a Certified Trauma Specialist. He has been involved in child-welfare/human services in many aspects: as a foster child, adopted child, foster parent, caseworker, supervisor and a teacher/trainer. He specializes in RAD, ADD and trauma.

Natalie M. Whitlow, Ph.D., received her B.A. in Psychology from Clark Atlanta University and her Master's degree and Ph.D. in Counseling Psychology from The University of Missouri-Columbia. Dr. Whitlow completed her pre-doctoral internship at the University of Maryland-College Park counseling center. Dr. Whitlow's dissertation was entitled "The Development and Validation of the Whitlow Measure of Afrocentric Relationship Attitudes," which was designed to examine and assess the African American relationship from an Afrocentric perspective. Dr. Whitlow worked as a mental health therapist at an Afrocentric community mental health agency for five years, working effectively with Black families. With her dissertation research and clinical experience with the African American population as her foundation, Dr. Whitlow has established herself as an up-and-coming researcher and practitioner in the area of Black family dynamics.

Winter 2018

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